



Cincinnati

(B) MOD7/8/9 Cross Country

Coaches:

- Nate Balcom
- Sandra Randall

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season (at Fabius)	Faith Heritage, Mater Dei Academy	4:30 AM	6:30 AM	TBD	Bus/Driver: Cincinnati	Departure Point: Cincinnati Central School Departure Time: 3:00 PM	L
Sep 13, 2023	Wed	Regular Season	Tully, DeRuyter, Faith Heritage @ Fabius-Pompey	4:30 PM	6:30 PM	Highland Forest			L
Sep 20, 2023	Wed	Regular Season	LaFayette, DeRuyter	4:30 AM	6:30 AM	TBD			L
Oct 4, 2023	Wed	Regular Season	Onondaga Central @ Tully	4:30 AM	6:30 AM	Tully XC Course			L
Oct 11, 2023	Wed	Regular Season	Fabius-Pompey @ Manlius Pebble Hill	4:30 PM	6:30 PM	TBD			L
Oct 14, 2023	Sat	Practice (invitational at Marathon)	N/A	9:00 AM		TBD		Departure Time: 8:00 AM	
Oct 21, 2023	Sat	Practice (invitational at Weedsport)	N/A	9:00 AM		TBD		Departure Time: 7:15 AM	
Oct 25, 2023	Wed	Regular Season (OHSL League Meet)	Onondaga Central, Cato-Meridian (Blue Devils), DeRuyter, Fabius-Pompey, Weedsport, Bishop Grimes, Mater Dei Academy, Port Byron (Port Byron/Union Springs), Manlius Pebble Hill, Altmar-Parish-Williamstown (APW Rebels), LaFayette, Bishop Ludden, Faith Heritage, Pulaski @ Tully	4:00 PM		Tully XC Course			L

Date: 2024-05-02