



Cincinnati

(B) MOD7/8/9 Cross Country

Coaches:

- Nate Balcom

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Regular Season	Tully, DeRuyter @ Cincinnati	4:30 PM		Cincinnati XC course on Fireman's Field 2647 Route 26 Cincinnati, NY 13040			L
Sep 21, 2022	Wed	Regular Season	Onondaga Central, Cincinnati @ LaFayette	4:30 PM		LaFayette H S Stadium	Bus/Driver: Cincinnati Central School	Departure Point: Cincinnati Central School Departure Time: 3:00 PM	L
Sep 24, 2022	Sat	Practice (INVITATIONAL at Owego Free Academy)	N/A	9:00 AM		TBD	Bus/Driver: Cincinnati Central School	Departure Point: Cincinnati Departure Time: 7:15 AM	
Sep 28, 2022	Wed	Regular Season	Cincinnati, Mater Dei Academy, Bishop Ludden, TBD @ Cato-Meridian (Blue Devils)	4:30 PM		Cato-Meridian Cross Country Course	Bus/Driver: Cincinnati Central School	Departure Point: Cincinnati Central School Departure Time: 2:15 PM	L
Oct 5, 2022	Wed	Regular Season	Fabius-Pompey	4:30 PM		Cincinnati XC course on Fireman's Field 2647 Route 26 Cincinnati, NY 13040			L
Oct 5, 2022	Wed	Regular Season	Fabius-Pompey, Mater Dei Academy @ Cincinnati	4:30 PM		Cincinnati XC course on Fireman's Field 2647 Route 26 Cincinnati, NY 13040			NL
Oct 7, 2022	Fri	Practice (INVITATIONAL at Norwich High School)	N/A	3:45 AM		TBD	Bus/Driver: Cincinnati Central School	Departure Point: Cincinnati Departure Time: 2:45 PM Class Dismissal: 2:30 PM	
Oct 12, 2022	Wed	Regular Season	Tully @ Jordan-Elbridge	4:30 PM		JE HS Cross Country Course			NL
Oct 12, 2022	Wed	Regular Season	Tully, Cincinnati @ Jordan-Elbridge	4:30 PM		JE HS Cross Country Course	Bus/Driver: Cincinnati Central School	Departure Point: Cincinnati Central School Departure Time: 2:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 15, 2022	Sat	Regular Season	Westhill, Altmar-Parish-Williamstown (APW Rebels), Bishop Grimes, Cicero-North Syracuse, East Syracuse Minoa, Fayetteville-Manlius, Fulton, Jamesville-Dewitt, Liverpool, Mexico, Manlius Pebble Hill, Notre Dame, Utica, Oneida, Sandy Creek, South Jefferson, Trumansburg, West Genesee, Sauquoit Valley, Chittenango, Whitesboro @ Tully	8:45 AM	2:00 PM	Tully H S			NL
Oct 15, 2022	Sat	Practice (INVITATIONAL at Tully High School)	N/A	9:00 AM		TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 7:45 AM	
Oct 19, 2022	Wed	Regular Season	Skaneateles @ Cazenovia	4:30 PM		Cazenovia Googin/Fenner X-C Course	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 3:00 PM	NL
Oct 25, 2022	Tue	Practice (MEET (OHSL League Meet) at Cato Meridian Cross Country Course)	N/A	4:00 PM	7:00 PM	TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 2:00 PM	

Date: 2023-09-30