

Coaches:

- Mark Morrell
- Adrienne Martin

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Mar 26, 2024	Tue	Scrimmage	Cazenovia @ DeRuyter	4:00 PM		DeRuyter HS Track	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 3:15 PM	NL
Mar 28, 2024	Thu	Practice (Practice at Marathon)	N/A	3:30 PM	5:00 PM	TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 3:15 PM	
Apr 1, 2024	Mon	Practice (Practice at Marathon)	N/A	10:15 AM	12:00 PM	TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 9:45 AM	
Apr 4, 2024	Thu	Practice (Practice at Marathon)	N/A	3:30 PM	5:00 PM	TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 3:15 PM	
Apr 10, 2024	Wed	Regular Season	DeRuyter @ Tully	4:30 PM	7:00 PM	Tully HS Track	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 3:30 PM	L
Apr 11, 2024	Thu	Practice (Invitational at Marathon Spring Fling)	N/A	4:30 PM		TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 3:30 PM	
Apr 15, 2024	Mon	Regular Season	Bishop Grimes @ Onondaga Central (OCS/Laf)	4:30 PM	7:00 PM	Stadium	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 3:00 PM	L
Apr 17, 2024	Wed	Regular Season	Bishop Grimes @ DeRuyter	4:30 PM		DeRuyter HS Track	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 3:45 PM	L
Apr 20, 2024	Sat	Practice (Invitational at Johnson City)	N/A	10:00 AM		TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 8:30 AM	
Apr 23, 2024	Tue	Practice (Practice at Marathon)	N/A	9:00 AM	11:00 AM	TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 8:30 AM	
Apr 25, 2024	Thu	Practice (Practice at Marathon)	N/A	9:00 AM	11:00 AM	TBD	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 8:30 AM	
May 1, 2024	Wed	Regular Season	Fabius-Pompey, DeRuyter @ Onondaga Central (OCS/Laf)	4:30 PM	7:00 PM	Stadium	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 3:00 PM	L

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May 3, 2024	Fri	Regular Season (REK Invitational hosted by Norwich at Sidney)	Deposit (Deposit-Hancock), Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego, Newark Valley, Norwich, Morrisville-Eaton, TBD @ Sidney	PM		Sidney HS Track	Bus/Driver: Cincinnatus Central School	Departure Point: Cincinnatus Departure Time: 2:15 PM	NL
May 8, 2024	Wed	Regular Season	Manlius Pebble Hill, Faith Heritage @ Fabius-Pompey	4:30 PM	7:00 PM	Fabius- Pompey H S	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 3:30 PM	L
May 10, 2024	Fri	Regular Season (Weedsport Invitational)	Henninger, Cato-Meridian (Blue Devils), Oswego, Port Byron, Phoenix, Fulton, Sauquoit Valley, Sandy Creek, Syracuse Academy of Science, Mexico, Utica Academy of Science @ Weedsport	4:30 PM		Weedsport JrSr. High School	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 2:15 PM	NL
May 13, 2024	Mon	Post- Season (League Meet - American)	DeRuyter, Manlius Pebble Hill, Faith Heritage, Onondaga Central (OCS/Laf), Fabius- Pompey, Bishop Grimes @ Tully	4:30 PM	9:00 PM	Tully HS Track	Bus/Driver: Cincinnatus	Departure Point: Cincinnatus Central School Departure Time: 2:45 PM	NL
May 24, 2024	Fri	Post- Season (Class D Sectionals)	Waterville, Hamilton, Notre Dame, Utica, Bishop Ludden, New York Mills, Poland, Remsen, Manlius Pebble Hill, Town of Webb UFSD (Varsity Boys Track), Faith Heritage, DeRuyter, Watertown @ Oriskany	1:00 PM		Bernie Block Field @ Walbran Elementary Campus	Control	Departure Point: Cincinnatus Departure Time: 10:30 AM	NL

Date: 2025-12-05