

## Coaches:

- Ryan Caraher, Head Coach
- Jim Schlotzhauer, Asst Coach
- Tim Ellsworth, Volunteer
- Dario Ciciarelli, Volunteer

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION  | TRANSPORTATION | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|---|---------------|-------------|---|----------------|----------------------------|
| Dec 4, 2024  | Wed         | Regular Season                                    | Baldwinsville   | 5:00<br>PM    | 10:00<br>PM | NSJHS Main<br>Gym                                     |                | L                          |
| Dec 6, 2024  | Fri         | Regular Season<br>(GIRLS Northstar<br>TOURNAMENT) | TBD   | 4:00<br>PM    | 9:00<br>PM  | NSJHS Main<br>Gym, NSJHS<br>Back gym                  |                | NL                         |
| Dec 11, 2024 | Wed         | Regular Season                                    | Homer @ West<br>Genesee   | 6:00<br>PM    |             | WG-HS Lower<br>Gym                                    |                | NL                         |
| Dec 13, 2024 | Fri         | Regular Season<br>(Phoenix<br>Tournament)         | @ TBD   | 5:00<br>PM    |             | JCB Gym   |                | NL                         |
| Dec 13, 2024 | Fri         | Regular Season<br>(Phoenix Girls<br>Scramble )    | Harpursville (I - 88 HORNETS), Little Falls, TBD, Baldwinsville, Camden, Fulton, General Brown (General Brown), Holland Patent, Horseheads (Girls Wrestling Varsity), Indian River, Mexico, Waverly, West Genesee, Fayetteville-Manlius @ Phoenix | 5:00<br>PM    | 9:00<br>PM  | JCB Gym   |                | L                          |
| Dec 18, 2024 | Wed         | Regular Season                                    | @ Camden  | 4:30<br>PM    |             | Camden High<br>School                                 |                | L                          |
| Dec 20, 2024 | Fri         | Regular Season<br>(CNS Tournament)                | TBD   | 3:00<br>PM    | 10:00<br>PM | NSJHS Main<br>Gym, NSJHS<br>Back gym                  |                | L                          |
| Dec 28, 2024 | Sat         | Regular Season<br>(Frosty Festival<br>Tournament) | @ TBD   | 8:00<br>AM    |             | Midlakes HS   |                | NL                         |
| Jan 4, 2025  | Sat         | Regular Season<br>(Queen Bee<br>Tournament)       | @ TBD   | 8:00<br>AM    |             | Bville - Baker<br>Gym 1&2                             |                | NL                         |
| Jan 13, 2025 | Mon         | Regular Season                                    | @ Fulton  | 6:00<br>PM    |             | Bodley H S  |                | L                          |
| Jan 15, 2025 | Wed         | Regular Season                                    | Fayetteville-Manlius  | 5:00<br>PM    | 10:00<br>PM | NSJHS Main<br>Gym                                     |                | L                          |
| Jan 22, 2025 | Wed         | Regular Season                                    | Phoenix   | 5:00<br>PM    | 8:00<br>PM  | NSJHS Main<br>Gym                                     |                | L                          |
| Jan 27, 2025 | Mon         | Regular Season                                    | @ Syracuse City<br>(Syracuse City Girls<br>Wrestling)   | 5:00<br>PM    | 6:00<br>PM  | PSLA @<br>Fowler High<br>School- Event<br>Entry Doors |                | L                          |
| Feb 1, 2025  | Sat         | Regular Season<br>(Homer<br>Tournament)           | @ TBD   | 9:00<br>AM    | 4:00<br>PM  | Homer High<br>School                                  |                | NL                         |

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|--------------|-------------|---|--|---------------|-------------|----------------------|----------------|----------------------------|
| Feb 1, 2025  | Sat         | Regular Season<br>(Lady Legacy<br>Tournament) | Groton, Baldwinsville, West Genesee, General Brown (General Brown), Holland Patent, Fulton, Little Falls, Syracuse City (Syracuse City Girls Wrestling), Johnson City, Owego Apalachin, Camden, Greene (Oxford/Greene) @ Homer | AM            | 4:00<br>PM  | Homer High<br>School |                | L                          |
| Feb 16, 2025 | Sun         | Post-Season<br>(Sectionals)                   | @ TBD  | 8:00<br>AM    |             | SRC-OCC              |                | NL                         |
| Feb 27, 2025 | Thu         | Post-Season (NYS Championship)                | @ TBD  | 8:00<br>AM    |             | MVP Arena            |                | NL                         |

Date: 2025-12-19