

## Coaches:

- Jeremy Lenchert, Head Coach
- Stephanie Liberati, Asst Coach
- Rachel Valenti
- Julianne Viviano
- Mary Ordway

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 1, 2023	Fri	Scrimmage (Pre season)	Rye Neck @ Liverpool	9:30 AM	2:00 PM	Liverpool HS Field 4		NL
Sep 2, 2023	Sat	Regular Season	@ Jamesville- Dewitt	12:00 PM	2:00 PM	JD HS Stadium		NL
Sep 5, 2023	Tue	Regular Season	West Genesee	7:00 PM	8:45 PM	CNS HS- Bragman Stadium		L
Sep 9, 2023	Sat	Regular Season 1-0 W	Whitesboro	12:00 PM	2:00 PM	CNS HS- Bragman Stadium		NL
Sep 14, 2023	Thu	Regular Season	@ West Genesee	6:30 PM		WG-HS Grass Stadium		L
Sep 16, 2023	Sat	Regular Season	@ East Syracuse Minoa	11:30 AM		ESM High School - Stadium		NL
Sep 19, 2023	Tue	Regular Season	Liverpool	7:00 PM	8:45 PM	CNS HS- Bragman Stadium		L
Sep 21, 2023	Thu	Regular Season	@ Baldwinsville	7:00 PM	9:00 PM	Bville - Baker P/A Stadium TURF		L
Sep 23, 2023	Sat	Regular Season (Fall Festival ) 10-0 W	@ Oneonta	10:30 AM	12:30 PM	Wright National Soccer		NL
Sep 24, 2023	Sun	Regular Season (@ Oneonta Wright Soccer Complex) 7-0 W	Elmira	7:00 PM	8:45 PM	Oneonta		NL
Sep 26, 2023	Tue	Regular Season	@ Fayetteville- Manlius	7:00 PM	8:45 PM	Hornet Stadium		L
Sep 28, 2023	Thu	Regular Season	@ Fulton	5:00 PM		Fulton High School Stadium Field		L
Sep 30, 2023	Sat	Regular Season	Baldwinsville	12:00 PM	1:45 PM	CNS HS- Bragman Stadium		L
Oct 2, 2023	Mon	Regular Season	Central Square	7:00 PM	8:45 PM	CNS HS- Bragman Stadium		L
Oct 4, 2023	Wed	Regular Season	@ Syracuse City (Syracuse City)	6:30 PM	7:00 PM	Nottingham Athletic Stadium		L
Oct 10, 2023	Tue	Regular Season	@ Liverpool	6:30 PM		LIVERPOOL HS STADIUM		L
Oct 14, 2023	Sat	Regular Season	Lowville	12:00 PM	2:00 PM	CNS HS- Bragman Stadium		NL
Oct 17, 2023	Tue	Scrimmage	Vestal	7:00 PM	8:45 PM	CNS HS- Bragman Stadium		NL
Oct 21, 2023	Sat		@ West Genesee	11:30 AM	1:30 PM	WG-HS Mike Messere Field - Turf Stadium		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 25, 2023	Wed	Post-Season (Sectional Semi Finals)	Rome Free Academy	5:30 PM	7:30 PM	Chittenango HS- Stadium		NL
Oct 28, 2023	Sat	Post-Season (Sectional Final)	Liverpool	6:00 PM	8:00 PM	SUNY cortland		NL
Nov 4, 2023	Sat	Post-Season (NYSPHSAA REGIONAL)	Shenendehowa High School	4:00 PM	6:30 PM	Nottingham Athletic Stadium		NL

Date: 2024-05-02