

## Coaches:

- Todd Hilt, Head Coach
- Jack Harbold, Asst Coach
- Pat Kennedy, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 14, 2025	Mon	Regular Season	Fayetteville- Manlius	11:00 AM	1:00 PM	CNS HS- Bragman Stadium		L
Apr 21, 2025	Mon	Regular Season	Central Square, West Genesee, Baldwinsville @ East Syracuse Minoa	5:00 PM	8:00 PM	ESM High School - Stadium		L
Apr 23, 2025	Wed	Regular Season	@ East Syracuse Minoa	4:30 PM		ESM High School - Stadium		NL
Apr 26, 2025	Sat	Meet (Chittenango Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Chittenango HS- Stadium, Chittenango HS- Multi Turf		NL
Apr 30, 2025	Wed	Regular Season	Henninger, Jamesville-Dewitt, Auburn, Nottingham	4:30 PM	8:45 PM	CNS HS- Bragman Stadium		L
May 3, 2025	Sat	Regular Season (ESM Track Invitational)	Chittenango, Homer, Bishop Grimes, Cazenovia, Central Square, Mexico, Baldwinsville, Tully, Phoenix, Skaneateles, Living Word Academy, Cortland, Pulaski @ East Syracuse Minoa	10:00 AM	4:00 PM	ESM High School - Stadium		NL
May 5, 2025	Mon	Regular Season	Liverpool, Fulton	4:30 PM	8:45 PM	CNS HS- Bragman Stadium		L
May 15, 2025	Thu	Post-Season (SCAC Empire & Metro Championships)	East Syracuse Minoa, Fowler, Nottingham, Central Square, Fulton, Jamesville- Dewitt, Liverpool, Baldwinsville, Fayetteville- Manlius, Henninger, West Genesee, Auburn, Corcoran @ Oswego	4:15 PM	8:45 PM	Oswego Middle School Stadium		NL
CANCELLED May 23, 2025	Fri	Regular Season (Invitational)	@ Hamilton	4:30 PM		CNS HS- Bragman Stadium		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 23, 2025	Fri	Regular Season (CNS Invitational)	Adirondack, Auburn, Baldwinsville, Bishop Grimes, Canastota, Carthage, Cato- Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Chenango Valley, Chittenango, Corcoran, Fabius- Pompey, Faith Heritage, Hannibal, Holland Patent, Indian River, Irondequoit, Institute of Technology, Syracuse, Jamesville-Dewitt, Mexico, Morrisville- Eaton, New Hartford, Nottingham, Ogdensburg, OnTech High School, Oneida, Onnodaga Central (OCS/Laf), Phoenix, Utica Proctor, Pulaski, Saranac Lake, Solvay, South Jefferson, South Lewis, Tully, West Canada Valley, West Genesee, Westhill, Whitesboro	4:30 PM	8:45 PM	CNS HS- Bragman Stadium		L
May 28, 2025	Wed	Post-Season (Sectional Meet)	TBD	4:00 PM	8:45 PM	CNS HS- Bragman Stadium		L
Jun 3, 2025	Tue	Post-Season (State Qualifiers)	New Hartford	4:00 PM		CNS HS- Bragman Stadium		L
Jun 3, 2025	Tue	Post-Season (NYS Qualifier Day 1)	TBD	4:00 PM	9:00 PM	CNS HS- Bragman Stadium		NL
Jun 3, 2025	Tue	Post-Season (State Qualifier)	Cato-Meridian (Blue Devils)	4:00 PM	8:45 PM	CNS HS- Bragman Stadium		NL
Jun 3, 2025	Tue	Post-Season (State Quals )	Tully	4:30 PM	8:45 PM	CNS HS- Bragman Stadium		NL
Jun 3, 2025	Tue	Post-Season (State Quals @ CNS)	Oriskany	4:30 PM	8:45 PM	CNS HS- Bragman Stadium		NL
Jun 3, 2025	Tue	Post-Season (State Open Qualifiers Boys)	Mount Markham	TBD	8:45 PM	CNS HS- Bragman Stadium		L
Jun 13, 2025	Fri	Post-Season (NYSPHSAA TRACK MEET DAY 1)	TBD	9:00 AM		Middletown Hig School	ŋh	L

DATE	WEE! DAY	К ТҮРЕ	OPPONENTS	START TIME	END LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Jun 14, 2025	Sat	Post-Season (NYSPHSAA TRACK MEET DAY 2)	TBD	9:00 AM	8:00 PM Middletown HS	L

Date: 2025-12-05