Coaches:

• Josh Perez, Head Coach

DATE	WEEK DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	@ Liverpool	5:45 PM		Liverpool Long Branch Park		L
Sep 16, 2023	Sat	Regular Season (ESM Invitational)	@ TBD	10:30 AM		Pine Grove Cross Country Track		NL
Sep 20, 2023	Wed	Regular Season	@ Auburn	5:45 PM		Auburn - Holland Stadium (Turf)		L
Sep 27, 2023	Wed	Regular Season	West Genesee, Henninger	5:45 PM	6:00 PM	CNS-Oneida Shores		L
Sep 30, 2023	Sat	Regular Season (EJ Hermann Invite)	@ TBD	TBD		Proctor Park		NL
Oct 4, 2023	Wed	Regular Season	Fayetteville-Manlius, Baldwinsville	5:45 PM	6:05 PM	CNS-Oneida Shores		L
Oct 14, 2023	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Marathon H S		NL
Oct 19, 2023	Thu	Regular Season (SCAC Modified XC Invitational)	Oswego, Fulton, Jamesville-Dewitt, Auburn, Nottingham, Corcoran (Syracuse West), Henninger, Liverpool, Fayetteville- Manlius, West Genesee, Baldwinsville, Central Square @ East Syracuse Minoa	4:30 PM	7:30 PM	ESM Kirkville Rd. Field		L

Date: 2024-05-17