



# Cicero-North Syracuse

## (B) V Cross Country

### Coaches:

- Scott Froelick
- Kevin Rockwell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Central Valley Academy, Remsen (Remsen), Utica Proctor, Camden, New Hartford, Westmoreland, Notre Dame, Utica, Holland Patent, Waterville, Clinton, South Lewis, Jamesville-Dewitt, Weedsport, Jordan-Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Fabius-Pompey, Canastota, Vernon-Verona-Sherrill, Cazenovia, Whitesboro, DeRuyter, Hamilton, Baldwinsville, Indian River, Liverpool, Onondaga Central, Phoenix, West Genesee, Auburn, Central Square, Tully @ Mount Markham	8:00 AM		HS Track		L
Sep 6, 2025	Sat	Regular Season (Mount Markham Mustang Invite)	@ TBD	TBD		Mount Markham HS		NL
Sep 10, 2025	Wed	Regular Season (SCAC Relays)	Liverpool, Baldwinsville, West Genesee, Corcoran (Syracuse West), Henninger (Henninger), Nottingham (Nottingham), Jamesville-Dewitt, Fulton, Oswego, Central Square @ East Syracuse Minoa	4:30 PM		ESM Kirkville Rd. Field		L
Sep 13, 2025	Sat	Regular Season (ESM Invitational)	@ TBD	9:00 AM		Pine Grove Cross Country Track		NL
Sep 17, 2025	Wed	Regular Season	Liverpool	4:30 PM	4:50 PM	CNS-Oneida Shores-Arrowhead Lodge		L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	11:40 PM		Bville - Durgee Cross Country Trail		NL
Sep 24, 2025	Wed	Regular Season (Senior Night)	Baldwinsville, Henninger (Henninger)	5:00 PM	5:20 PM	CNS-Oneida Shores-Arrowhead Lodge		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2025	Wed	Regular Season	@ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium		L
Oct 8, 2025	Wed	Regular Season	Nottingham (Nottingham) @ West Genesee	4:30 PM		TBD		L
Oct 10, 2025	Fri	Meet (Chittenango Twilight Invitational )	Vs. Multiple	4:00 PM	6:30 PM	Chittenango HS-Stadium, Chittenango HS-Multi Turf		NL
Oct 11, 2025	Sat	Regular Season (Burnt Hills Invitational)	@ TBD	TBD		BH- BL HS		L
Oct 22, 2025	Wed	Post-Season (SCAC Championships)	@ TBD	4:30 PM		TBD		L
Oct 22, 2025	Wed	Regular Season (SCAC Championships)	Auburn, Central Square, Corcoran (Syracuse West), East Syracuse Minoa, Fayetteville-Manlius, Henninger (Henninger), Fulton, Fowler (Syracuse West), Jamesville-Dewitt, Liverpool, West Genesee, Oswego, Nottingham (Nottingham) @ Baldwinsville	5:00 PM		Bville - Durgee Cross Country Trail		L
Nov 8, 2025	Sat	Post-Season (Section 3 Championship)	@ TBD	10:05 AM		Mount Markham HS		NL
Nov 15, 2025	Sat	Post-Season (NYSPHSAA Championships)	@ TBD	TBD		Queensbury HS		NL

Date: 2025-12-05