



Cicero-North Syracuse (B) V Cross Country

Coaches:

- Scott Froelick
- Kevin Rockwell

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--------------------------------------|----------------|---------------------|
| Sep 4, 2019 | Wed | Regular Season | Henninger (Henninger) @ Liverpool | 4:30 PM | | Liverpool Long Branch Park | | L |
| Sep 7, 2019 | Sat | Regular Season (VVS Invitational) | TBD | 4:30 PM | 4:50 PM | Cross Country Course | | NL |
| Sep 11, 2019 | Wed | Regular Season | West Genesee @ Baldwinsville | 4:30 PM | 6:30 PM | Bville - Durgee Cross Country Trail | | L |
| Sep 18, 2019 | Wed | Regular Season | Fayetteville-Manlius, Nottingham (Nottingham) | 4:30 PM | 4:55 PM | CNS-Oneida Shores-Arrowhead Lodge | | L |
| Sep 21, 2019 | Sat | Regular Season (Baldwinsville Invitational) | @ TBD | 12:15 PM | 2:00 PM | Bville - Durgee Cross Country Trail | | NL |
| Sep 25, 2019 | Wed | Regular Season | Jamesville-Dewitt @ Cortland | 4:30 PM | | Cortland Jr-Sr High School CC Course | | L |
| Sep 28, 2019 | Sat | Regular Season (EJ Herman Invitational) | TBD | 11:10 AM | 1:00 PM | Proctor H S | | NL |
| Oct 12, 2019 | Sat | Regular Season (Manhattan Invitational) | @ TBD | 10:00 AM | 1:00 PM | Bronx | | NL |
| Oct 16, 2019 | Wed | Regular Season (SCAC League Championships) | West Genesee, Central Square, Auburn, Oswego, Nottingham (Nottingham), Jamesville-Dewitt, Fulton, Cortland, Henninger (Henninger), Liverpool, Fayetteville-Manlius, East Syracuse Minoa, Fowler (Syracuse West) @ Baldwinsville | 4:30 PM | 7:00 PM | Bville - Durgee Cross Country Trail | | L |
| Oct 26, 2019 | Sat | Regular Season (Cato-Meridian Invitational) | @ TBD | 10:00 AM | 1:00 PM | Cato-Meridian Jr. Sr H S Gym | | NL |
| Nov 9, 2019 | Sat | Post-Season (Section 3 Championships) | @ TBD | 10:00 AM | 1:00 PM | Cross Country Course | | L |
| Nov 16, 2019 | Sat | Post-Season (NYSPHSAA Championship) | @ TBD | 10:00 AM | 1:00 PM | SUNY Plattsburg | | NL |
| Nov 23, 2019 | Sat | Post-Season (NYS FEDERATION MEET) | @ TBD | 10:00 AM | 1:00 PM | Bowdoin Park | | NL |

Date: 2025-12-13