



Cicero-North Syracuse

(G) V Cross Country

Coaches:

- MacKenzie Ross, Head Coach
- Jack Harbold, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	@ Liverpool	4:30 PM	4:50 PM	Liverpool Long Branch Park		L
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	@ TBD	TBD		Cross Country Course		NL
Sep 20, 2023	Wed	Regular Season	@ Auburn	4:30 PM		Auburn - Holland Stadium (Turf)		L
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	12:30 PM	4:00 PM	Bville - Durgee Cross Country Trail		NL
Sep 27, 2023	Wed	Regular Season	West Genesee, Henninger (Henninger)	4:30 PM	4:50 PM	CNS-Oneida Shores-Arrowhead Lodge		L
Sep 30, 2023	Sat	Regular Season (McQuaid Invitational)	@ TBD	12:20 PM		McQuaid Jesuit HS		NL
Oct 4, 2023	Wed	Regular Season	Fayetteville-Manlius, Baldwinsville	4:30 PM	4:50 PM	CNS-Oneida Shores-Arrowhead Lodge		L
Oct 13, 2023	Fri	Meet (Chittenango Bears Girls Cross Country Twilight Invitational)	Vs. Multiple	4:00 PM	6:30 PM	Chittenango HS-XC Course, Chittenango HS-Stadium		NL
Oct 14, 2023	Sat	Regular Season (Marathon Invitational)	TBD	TBD		Marathon H S		NL
Oct 18, 2023	Wed	Regular Season (SCAC Championships)	Jamesville-Dewitt, Fulton, Oswego, Nottingham (Nottingham), East Syracuse Minoa, Central Square, Auburn, West Genesee, Fayetteville-Manlius, Henninger (Henninger), Fowler (Syracuse West), Liverpool @ Baldwinsville	4:30 PM	5:00 PM	Bville - Durgee Cross Country Trail		L
Nov 4, 2023	Sat	Post-Season (Sectional Championships)	TBD	1:00 PM	2:00 PM	Cross Country Course		NL
Nov 11, 2023	Sat	Post-Season (NYSPHSAA Championships)	@ TBD	10:30 AM		Cross Country Course		NL

Date: 2025-12-14