



# Cicero-North Syracuse

## (G) V Cross Country

### Coaches:

- MacKenzie Ross, Head Coach
- Jack Harbold, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2019	Wed	Regular Season	Henninger (Henninger) @ Liverpool	4:30 PM		Liverpool Long Branch Park		L
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	4:30 PM	6:00 PM	Cross Country Course		NL
Sep 11, 2019	Wed	Regular Season	West Genesee @ Baldwinsville	4:30 PM	6:30 PM	Bville - Durgee Cross Country Trail		L
Sep 18, 2019	Wed	Regular Season	Fayetteville-Manlius, Nottingham (Nottingham)	4:30 PM	4:50 PM	CNS-Oneida Shores-Arrowhead Lodge		L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	12:15 PM	2:00 PM	Bville - Durgee Cross Country Trail		NL
Sep 25, 2019	Wed	Regular Season	Jamesville-Dewitt @ Cortland	4:30 PM	6:00 PM	Cortland Jr-Sr High School CC Course		L
Sep 28, 2019	Sat	Regular Season (EJ Herman Inviational)	TBD	11:10 AM	1:00 PM	Proctor H S		NL
Oct 12, 2019	Sat	Regular Season (Manhattan Invitational)	@ TBD	10:00 AM	1:00 PM	Bronx		NL
Oct 16, 2019	Wed	Regular Season (SCAC League Championships)	West Genesee, Central Square, Auburn, Oswego, Corcoran (Syracuse West), Nottingham (Nottingham), Jamesville-Dewitt, Fulton, Cortland, Henninger (Henninger), Liverpool, Fayetteville-Manlius, East Syracuse Minoa, Fowler (Syracuse West) @ Baldwinsville	4:30 PM	7:00 PM	Bville - Durgee Cross Country Trail		L
Oct 26, 2019	Sat	Regular Season (Cato-Meridian Invitational)	@ TBD	10:00 AM	1:00 PM	Cato-Meridian Jr. Sr H S Gym		NL
Nov 9, 2019	Sat	Post-Season (Section 3 Championships)	@ TBD	10:00 AM	1:00 PM	Cross Country Course		L
Nov 16, 2019	Sat	Post-Season (NYSPHSAA Championship)	@ TBD	10:00 AM	1:00 PM	SUNY Plattsburg		NL
Nov 23, 2019	Sat	Post-Season (NYS FEDERATION MEET)	@ TBD	10:00 AM	1:00 PM	Bowdoin Park		NL

Date: 2025-12-29