

Coaches:

• Tyler Miedema, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START		LOCATION	TRANSPORTATION	LEAGUE / NON-
	DAT			TIME	TIME			LEAGUE
Nov 21, 2022	Mon	Scrimmage	Jamesville- Dewitt	5:00 PM	7:00 PM	CNS HS-Lower Gym		L
Nov 26, 2022	Sat	Scrimmage	@ Penfield	10:00 AM	12:00 PM	Penfield HS		L
Dec 7, 2022	Wed	Regular Season	Nottingham	5:30 PM	6:45 PM	CNS HS-Main Gym		L
Dec 10, 2022	Sat	Regular Season 96-38 W	Elmira	12:00 PM	1:15 PM	CNS HS-Main Gym		NL
Dec 13, 2022	Tue	Regular Season (Non League)	@ Rome Free Academy	5:00 PM	8:45 PM	RFA Main Gym		NL
Dec 20, 2022	Tue	Regular Season	@ Fairport	5:30 PM	6:45 PM	Fairport HS		NL
Dec 22, 2022	Thu	Regular Season	West Genesee	5:00 PM	6:30 PM	CNS HS-Main Gym		L
Dec 28, 2022	Wed	Regular Season 78-24 W	Binghamton	11:00 AM	12:45 PM	WG-HS Upper Gym		NL
Jan 3, 2023	Tue	Regular Season	@ Baldwinsville	5:00 PM	6:30 PM	Bville - Baker Gym 1&2		L
Jan 5, 2023	Thu	Regular Season (PINK OUT)	@ Fayetteville- Manlius	5:30 PM	7:00 PM	FM HS House 1 Gym		L
Jan 10, 2023	Tue	Regular Season	@ Liverpool	5:00 PM	6:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Jan 12, 2023	Thu	Regular Season	@ Henninger	5:00 PM	6:30 PM	Henninger H S		L
Jan 14, 2023	Sat	Regular Season	Fairport	12:00 PM	1:45 PM	CNS HS-Main Gym		NL
CANCELLED Jan 17, 2023	Tue	Regular Season	South Jefferson	5:00 PM	6:15 PM	CNS HS-Main Gym		NL
Jan 20, 2023	Fri	Regular Season	Webster Schroeder	6:00 PM	7:15 PM	CNS HS-Main Gym		NL
Jan 23, 2023	Mon	Regular Season	@ Nottingham	5:30 PM	6:45 PM	Nottingham High School (Gym)		L
Jan 27, 2023	Fri	Regular Season	@ West Genesee	5:00 PM	6:30 PM	WG-HS Upper Gym		L
Jan 31, 2023	Tue	Regular Season	Baldwinsville	5:00 PM	6:30 PM	CNS HS-Main Gym		L
Feb 2, 2023	Thu	Regular Season	Fayetteville- Manlius	5:00 PM	6:15 PM	CNS HS-Main Gym		L
Feb 7, 2023	Tue	Regular Season	Liverpool	5:00 PM	6:30 PM	CNS HS-Main Gym		L
POSTPONED Feb 10, 2023	Fri	Regular Season	Henninger	5:00 PM	6:30 PM	CNS HS-Main Gym		L

Date: 2025-12-18