

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice (Tryouts)	N/A	6:00 PM	7:30 PM	John F. Lynch Gym		
Nov 14, 2023	Tue	Practice (Tryouts)	N/A	6:00 PM	7:30 PM	John F. Lynch Gym		
Nov 15, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	John F. Lynch Gym		
Nov 16, 2023	Thu	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Nov 17, 2023	Fri	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Nov 20, 2023	Mon	Practice	N/A	6:30 PM	8:00 PM	John F. Lynch Gym		
Nov 21, 2023	Tue	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Nov 22, 2023	Wed	Scrimmage	@ Henninger	9:00 AM		Henninger H S		L
Nov 27, 2023	Mon	Practice	N/A	6:30 PM	8:15 PM	Callahan Gym		
POSTPONED Nov 28, 2023	Tue	Practice	N/A	7:15 PM	9:00 PM	John F. Lynch Gym		
Nov 29, 2023	Wed	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Nov 30, 2023	Thu	Practice	N/A	7:15 PM	9:00 PM	Callahan Gym		
Dec 1, 2023	Fri	Regular Season	Nottingham	5:00 PM	6:55 PM	John F. Lynch Gym		L
Dec 4, 2023	Mon	Practice	N/A	7:15 PM	9:00 PM	John F. Lynch Gym		
Dec 5, 2023	Tue	Regular Season 28-13 W	@ Oswego	5:00 PM	6:45 PM	Leighton Elem- David Powers Gymnasium		NL
Dec 6, 2023	Wed	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Dec 7, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Callahan Gym		
Dec 8, 2023	Fri	Regular Season	@ Marcellus	5:30 PM	7:00 PM	Marcellus HS Gym		NL
Dec 11, 2023	Mon	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Dec 12, 2023	Tue	Regular Season	@ Cortland	5:00 PM		Cortland Jr-Sr HS Shafer Gym		NL
Dec 14, 2023	Thu	Practice	N/A	7:00 PM	8:30 PM	Callahan Gym		
POSTPONED Dec 15, 2023	Fri	Practice (No Practice)	N/A	TBD		Off		
Dec 18, 2023	Mon	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Dec 19, 2023	Tue	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	John F. Lynch Gym		
Dec 21, 2023	Thu	Regular Season	@ New Hartford	5:30 PM	6:55 PM	New Hartford HS Gym		L

Invitational PM Gym 2	
Dec 26, 2023 Tue Practice N/A PM PM John F. Lynch Gym	
Dec 27, 2023 Wed (ESM Invitational) West Genesee Invitational) Invitational (PM) ESM Fight School (FM) ESM Fight School (FM) Invitational (PM) Invitationa	
Jan 2, 2024 Tue Practice N/A 4:30 PM 6:30 PM John F. Lynch Gym Jan 3, 2024 Wed Practice N/A 6:15 8:00 PM Callahan Gym Jan 4, 2024 Thu Regular Season Chittenango 5:30 PM John F. Lynch Gym Jan 5, 2024 Fri Practice N/A 3:00 PM PM John F. Lynch Gym Jan 7, 2024 Sun Practice N/A 1:00 PM 2:30 PM John F. Lynch Gym Jan 8, 2024 Mon Practice N/A 6:15 8:00 PM John F. Lynch Gym Jan 9, 2024 Tue Practice N/A 6:00 PM 7:45 PM John F. Lynch Gym Jan 10, 2024 Wed Regular Season Homer 5:30 PM John F. Lynch Gym Interpretation of the process of the power of the process of the process of the power of the process o	NL
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Jan 12, 2024 Fri Practice N/A 3:00 4:30 PM PM Callahan Gym	
Jan 13, 2024 Sat Regular Season @ Aquinas 12:00 Acquinas School I	-
Jan 16, 2024 Tue Practice N/A 4:30 6:30 Callahan Gym	
Jan 17, 2024 Wed Practice N/A 4:30 6:15 PM PM John F. Lynch Gym	
Jan 18, 2024 Thu Regular Season Bishop Ludden 4:00 PM John F. Lynch Gym I	-
Jan 19, 2024 Fri Practice N/A 3:00 4:45 PM PM John F. Lynch Gym	
Jan 20, 2024 Sat Regular Season Indian River 1:30 PM John F. Lynch Gym I	-
Jan 24, 2024 Wed Practice (Optional) N/A 5:00 6:00 Callahan Gym	
Jan 25, 2024 Thu Practice N/A 6:00 7:30 John F. Lynch Gym	
Jan 26, 2024 Fri Regular Season Syracuse Academy of Science 4:45 PM Callahan Gym I	-
Jan 29, 2024 Mon Practice N/A 4:30 6:15 PM PM John F. Lynch Gym	
Jan 30, 2024 Tue Regular Season Bishop Grimes 3:45 PM Callahan Gym I	-
Jan 31, 2024 Wed Practice N/A 3:00 4:30 John F. Lynch Gym	
Feb 1, 2024 Thu Practice N/A 6:15 8:00 John F. Lynch Gym	
Feb 2, 2024 Fri Regular Season @ Bishop 5:30 6:50 Bishop Ludden H S I	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 3, 2024	Sat	Practice	N/A	10:00 AM	12:00 PM	Callahan Gym		
Feb 5, 2024	Mon	Practice	N/A	6:30 PM	8:30 PM	John F. Lynch Gym		
Feb 6, 2024	Tue	Regular Season	@ Syracuse Academy of Science	5:30 PM		Syracuse Academy of Science		L
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	John F. Lynch Gym		
Feb 8, 2024	Thu	Practice	N/A	6:30 PM	8:00 PM	Callahan Gym		
Feb 9, 2024	Fri	Regular Season	@ Bishop Grimes	4:15 PM	5:45 PM	Bishop Grimes Sheehan Gym		L
Feb 10, 2024	Sat	Regular Season	Fayetteville- Manlius	3:00 PM		John F. Lynch Gym		L
Feb 12, 2024	Mon	Practice	N/A	6:15 PM	8:00 PM	John F. Lynch Gym		
Feb 13, 2024	Tue	Regular Season (Non-League)	@ Westhill	5:00 PM	6:30 PM	Westhill HS Gymnasium		NL
Feb 14, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	Callahan Gym		
Feb 15, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	Callahan Gym		
Feb 16, 2024	Fri	Regular Season	Cicero-North Syracuse	5:00 PM		John F. Lynch Gym		L

Date: 2025-12-05