



Elmira Heights

(B) 7/8TH Wrestling

Coaches:

- Jesse Ferris

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 21, 2026	Wed	Regular Season	Trumansburg, Tioga @ Odessa-Montour	5:00 PM		Jack Davis Gym (High School)	Departure Time: 3:30 PM	L
Jan 28, 2026	Wed	Regular Season	Newark Valley, Marathon @ Groton	5:00 PM		Groton High School Gym	Departure Time: 2:45 PM	L
Feb 4, 2026	Wed	Regular Season	Candor (SVEC Eagles), Marathon @ Dryden	5:00 PM		Dryden HS Gym	Departure Time: 3:00 PM	L
Feb 11, 2026	Wed	Regular Season	Dryden, Whitney Point, Odessa-Montour	5:00 PM		Cohen Middle School		L
Feb 21, 2026	Sat	Regular Season (ALL IAC MODIFIED MEET @ ODESSA MONTOUR)	@ TBD	10:00 AM		Jack Davis Gym (High School)	Departure Time: 8:00 AM	L
Feb 25, 2026	Wed	Regular Season	Newark Valley, Whitney Point @ Trumansburg	5:00 PM		HS Gym	Departure Time: 3:15 PM	L

Date: 2026-06-18