



Elmira Heights

(B) V Wrestling

Coaches:

- Kevin Weber, Head Coach
- Steve Weber, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 22, 2022	Tue	Practice (SECTION IV WEIGHT ASSESSMENTS @ WAVERLY HIGH SCHOOL)	N/A	4:00 PM		TBD	Departure Time: 3:15 PM	
Dec 3, 2022	Sat	Regular Season (Larry Goodrich Tournament)	Central Valley Academy, Binghamton, Deposit (Deposit-Hancock), Dryden, Elmira, Holland Patent, Ithaca, Owego Apalachin, TBD @ Newark Valley	10:00 AM		Newark Valley High School	Departure Time: 7:30 AM	L
Dec 7, 2022	Wed	Regular Season 18-54 L	@ Odessa-Montour	6:30 PM		O-M HS Gym	Departure Time: 5:00 PM	L
Dec 10, 2022	Sat	Regular Season (CAMPBELL-SAVONA DUAL MEET TOURNAMENT)	@ TBD	9:30 AM		C-S MS & J/HS	Departure Time: 7:30 AM	NL
Dec 14, 2022	Wed	Regular Season	Lansing (Co-ed)	5:00 PM		Cohen Middle School		L
Dec 17, 2022	Sat	Regular Season (U-E TRADESMAN JV TOURNAMENT)	@ TBD	10:00 AM		UEHS Main Gym	Departure Time: 7:30 AM	NL
Dec 21, 2022	Wed	Regular Season	Whitney Point	6:00 PM		Cohen Middle School		L
Jan 4, 2023	Wed	Regular Season	Moravia	6:00 PM		Cohen Middle School		L
Jan 7, 2023	Sat	Regular Season (O-M Duals)	Whitney Point, Dundee @ Odessa-Montour	9:00 AM		O-M HS Gym	Departure Time: 7:00 AM	NL
Jan 11, 2023	Wed	Regular Season	Groton	4:00 PM		Cohen Middle School		L
Jan 13, 2023	Fri	Regular Season (SOUTHERN TIER MEMORIAL TOURNAMENT @ FIRST ARENA - ELMIRA, NY)	@ TBD	10:00 AM		TBD	Departure Time: 8:00 AM	NL
Jan 14, 2023	Sat	Regular Season (SOUTHERN TIER MEMORIAL TOURNAMENT @ FIRST ARENA - ELMIRA, NY)	@ TBD	10:00 AM		TBD		NL

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Jan 21, 2023	Sat	Regular Season (IAC Championships - Online Ticketing Only - GoFan.co)	Odessa-Montour, Tioga, Dryden, Newark Valley, Marathon, Spencer-Van Etten (SVEC Eagles), Whitney Point, Groton, Lansing (Co-ed), Moravia, TBD @ Waverly	9:30 AM		Waverly High School Gym		L
Jan 28, 2023	Sat	Regular Season (BINGHAMTON HS TOURNAMENT)	@ TBD	10:00 AM		Binghamton High School	Departure Time: 6:45 AM	NL
Feb 4, 2023	Sat	Post-Season (Section IV Division II Qualifying tournament)	Chenango Valley, Unatego (UVUF), Marathon, Walton (WDA), Lansing (Co-ed), Norwich, Odessa-Montour, Oneonta (Var/JV), Dryden, Owego Apalachin, Whitney Point @ Tioga	10:00 AM		High School Gym	Departure Time: 7:45 AM	NL
Feb 11, 2023	Sat	Post-Season (SECTION IV DIVISION II CHAMPIONSHIPS @ BINGHAMTON F.L.M. ARENA)	@ TBD	10:00 AM		TBD		NL

Date: 2026-04-11