



# Elmira Heights

## (G) 7/8TH Outdoor Track

Coaches:

- Sheena Sadler

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 10, 2024	Wed	Regular Season	Notre Dame, Elmira, Watkins Glen @ Odessa-Montour	4:30 PM		Charles Martin Field	<b>Departure Time:</b> 3:30 PM	L
Apr 17, 2024	Wed	Regular Season	Spencer-Van Etten, Notre Dame, Elmira @ Watkins Glen	4:30 PM		W G Alumni Field	<b>Departure Time:</b> 3:30 PM	L
May 2, 2024	Thu	Regular Season	Newark Valley, Spencer-Van Etten, TBD	4:30 PM		Edison High School		L
May 7, 2024	Tue	Regular Season	Candor (Candor) @ Notre Dame, Elmira	4:30 PM		Elmira Notre Dame Stadium Field - Turf	<b>Departure Time:</b> 3:30 PM	L
May 9, 2024	Thu	Regular Season (Trumansburg Modified Invitational)	Union Springs, Lansing @ Trumansburg	4:30 PM		Stadium Field	<b>Departure Time:</b> 2:45 PM	L
May 13, 2024	Mon	Regular Season	Newark Valley, TBD @ Watkins Glen	4:30 PM		W G Alumni Field	<b>Departure Time:</b> 3:30 PM	L
May 20, 2024	Mon	Regular Season (MARATHON INVITATIONAL)	@ Marathon	4:30 PM		TBD	<b>Departure Time:</b> 1:30 PM	L

Date: 2026-01-02