



Elmira Heights

(G) 7/8TH Outdoor Track

Coaches:

- Sheena Sadler

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 13, 2021	Thu	Regular Season	Waverly, Spencer-Van Etten @ Newark Valley	4:30 PM		Newark Valley High School	Departure Time: 3:00 PM	L
May 19, 2021	Wed	Regular Season	Waverly, Odessa-Montour @ Watkins Glen	5:00 PM	6:30 PM	W G Alumni Field	Departure Time: 3:30 PM	L
May 27, 2021	Thu	Regular Season	Watkins Glen, Spencer-Van Etten @ Notre Dame, Elmira	5:00 PM		Elmira Notre Dame Stadium Field - Turf		L
Jun 1, 2021	Tue	Regular Season	Waverly, Candor (Candor), TBD	5:00 PM		Edison High School		L
Jun 10, 2021	Thu	Regular Season	Odessa-Montour, Candor (Candor), Spencer-Van Etten, Tioga @ Newfield	5:00 PM		Cancro Field	Departure Time: 3:30 PM	L

Date: 2026-03-16