



# Elmira Heights

## (G) V Outdoor Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 30, 2019	Tue	Regular Season	Odessa-Montour, Candor (Candor)	4:45 PM		Edison High School		L
May 3, 2019	Fri	Regular Season (Legends of the Night Invitational)	Moravia, Southern Cayuga, Campbell-Savona, Candor (Candor), Groton, Lansing, Newark Valley, Newfield, Notre Dame, Elmira, South Seneca, Spencer-Van Etten, Tioga, Trumansburg, Watkins Glen, Waverly, Whitney Point @ Odessa-Montour	4:30 PM		Charles Martin Field		L
May 7, 2019	Tue	Regular Season	Odessa-Montour, Candor (Candor), Newfield, Spencer-Van Etten @ Tioga	4:30 PM		Haggerty Field/Track		L
May 16, 2019	Thu	Regular Season	Candor (Candor), Dryden, Groton, Lansing, Marathon, Moravia, Newark Valley, Newfield, Notre Dame, Elmira, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Tioga, Union Springs, Watkins Glen, Waverly, Whitney Point @ Trumansburg	4:45 PM		Stadium Field		L
May 17, 2019	Fri	Regular Season (IAC Championship)	Moravia, Candor (Candor), Dryden, Groton, Lansing, Marathon, Newark Valley, Newfield, Notre Dame, Elmira, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Tioga, Union Springs, Watkins Glen, Waverly, Whitney Point @ Trumansburg	4:45 PM		Stadium Field		L

Date: 2026-01-01