



Elmira Heights

(G) V Outdoor Track

Coaches:

- Jed Twichell
- Lenny Smith

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Apr 2, 2024	Tue	Regular Season (Dryden, WP, TAE at Elmira Heights)	Whitney Point	4:30 PM		Edison High School		L
Apr 10, 2024	Wed	Regular Season 29-22-111 L	Notre Dame, Elmira @ Lansing	4:30 PM		Lansing Varsity Field (Sobus)	Departure Time: 2:30 PM	L
Apr 15, 2024	Mon	Regular Season	Lansing, Newark Valley, Dryden @ Trumansburg	4:30 PM		Stadium Field	Departure Time: 2:30 PM	L
Apr 19, 2024	Fri	Regular Season (TIOGA "TWISTED" RELAYS)	@ TBD	4:30 PM		Haggerty Field/Track	Departure Time: 2:30 PM	NL
Apr 22, 2024	Mon	Regular Season (WP, Lansing, TAE at WP)	Lansing @ Whitney Point	4:30 PM		WPHS Tymeson Turf Field	Departure Time: 2:00 PM	L
Apr 27, 2024	Sat	Regular Season (WAITE/MOLNAR INVITATIONAL)	@ TBD	11:00 AM		EHS Stadium	Departure Time: 9:30 AM	NL
May 1, 2024	Wed	Regular Season	Watkins Glen, Trumansburg, Notre Dame, Elmira	4:30 PM		Edison High School		L
May 3, 2024	Fri	Regular Season (LEGENDS OF THE NIGHT INVITATIONAL)	@ TBD	4:30 PM		Charles Martin Field	Departure Time: 3:00 PM	NL
May 6, 2024	Mon	Regular Season (Divisional Meet - SENIOR NIGHT)	Newark Valley, Notre Dame, Elmira @ Watkins Glen	4:30 PM		W G Alumni Field	Departure Time: 3:00 PM	L
May 10, 2024	Fri	Regular Season ("FAST TIMES" INVITATIONAL)	@ TBD	4:30 PM		C P P High School	Departure Time: 3:15 PM	NL
May 13, 2024	Mon	Post-Season (IAC STEEPLECHASE AND PENTATHALON @ ODESSA MONTOUR)	@ TBD	4:30 PM		Charles Martin Field	Departure Time: 3:00 PM	L
May 15, 2024	Wed	Post-Season (IAC CHAMPIONSHIP @ TRUMANSBURG HS)	@ Trumansburg	4:30 PM		Stadium Field	Departure Time: 2:30 PM	L
May 16, 2024	Thu	Post-Season (IAC CHAMPIONSHIP)	@ TBD	4:45 PM		TBD		L
May 22, 2024	Wed	Post-Season (SECTION IV CLASS "C" CHAMPIONSHIPS)	@ TBD	3:00 PM		Sidney HS Track		NL

Date: 2024-05-14