



Elmira Heights

(B) 7/8TH Outdoor Track

Coaches:

- Sheena Sadler

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 6, 2022	Wed	Regular Season	Notre Dame, Elmira @ Spencer-Van Etten	4:30 PM		Spencer-Van Etten HS	Departure Time: 3:30 PM	L
Apr 20, 2022	Wed	Regular Season	Waverly, Newark Valley @ Spencer-Van Etten	4:30 PM		Spencer-Van Etten HS	Departure Time: 3:45 PM	L
Apr 27, 2022	Wed	Regular Season	Odessa-Montour @ Waverly	4:30 PM		Waverly Track Facility	Departure Time: 3:15 PM	L
May 4, 2022	Wed	Regular Season	Candor (Candor), Notre Dame, Elmira @ Waverly	4:30 PM		Waverly Track Facility	Departure Time: 3:15 PM	L
May 11, 2022	Wed	Regular Season (Trumansburg Invitational)	Lansing, Oxford (Greene/Oxford), Marathon, Moravia, Newark Valley, Tioga, Spencer-Van Etten, Newfield, Dryden, Groton, Southern Cayuga, Union Springs, Odessa-Montour @ Trumansburg	4:30 PM		Stadium Field	Departure Time: 3:00 PM	L
May 19, 2022	Thu	Regular Season	Candor (Candor), Odessa-Montour, Spencer-Van Etten, Tioga	5:00 PM		Edison High School		L

Date: 2026-01-03