



Elmira Heights

(B) V Outdoor Track

Coaches:

- Shane Devlin
- Shawn Nugent

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 2, 2025	Wed	Regular Season	Newark Valley, Lansing @ Dryden	4:30 PM		Dryden High School Stadium	Departure Time: 2:30 PM	L
Apr 7, 2025	Mon	Regular Season	Trumansburg, Whitney Point @ Newark Valley	4:30 PM		Newark Valley High School	Departure Time: 2:30 PM	L
Apr 22, 2025	Tue	Regular Season	Newfield @ Candor (Candor)	4:30 PM		Candor HS Stadium	Departure Time: 2:30 PM	L
Apr 26, 2025	Sat	Regular Season (WAITE/MOLNAR INVITATIONAL)	@ TBD	11:00 AM		EHS Stadium	Departure Time: 9:30 AM	NL
Apr 29, 2025	Tue	Regular Season	Notre Dame, Elmira, Watkins Glen @ Newark Valley	4:30 PM		Newark Valley High School	Departure Time: 2:30 PM	L
May 2, 2025	Fri	Regular Season (O-M Legends of the Night Invitational)	Watkins Glen, Trumansburg, Moravia, Union Springs, South Seneca, Groton, Candor (Candor), Dryden, Tioga, Newfield, Southern Cayuga, Spencer-Van Etten, Lansing @ Odessa-Montour	4:30 PM		Charles Martin Field		NL
CANCELLED May 9, 2025	Fri	Regular Season (TRUMANSBURG INVITATIONAL)	@ TBD	4:30 PM		Stadium Field	Departure Time: 2:30 PM	L
May 12, 2025	Mon	Regular Season	Newark Valley, Notre Dame, Elmira, Watkins Glen	4:30 PM		Edison High School		L
May 14, 2025	Wed	Regular Season	Watkins Glen	4:30 PM		Edison High School		L
May 16, 2025	Fri	Regular Season (FAST TIMES INVITATIONAL)	@ TBD	4:30 PM		C P P High School	Departure Time: 3:15 PM	NL
May 21, 2025	Wed	Post-Season (IAC Championship)	Candor (Candor), Dryden, Notre Dame, Elmira, Groton, Lansing, Marathon, Moravia, Newfield, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Tioga, Trumansburg, Union Springs, Watkins Glen, Whitney Point @ Newark Valley	4:45 PM		Newark Valley High School	Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 22, 2025	Thu	Post-Season (IAC Championships)	Candor (Candor), Dryden, Notre Dame, Elmira, Groton, Lansing, Marathon, Moravia, Newfield, Southern Cayuga, Spencer-Van Etten, Tioga, Trumansburg, Union Springs, Watkins Glen, Whitney Point, Odessa-Montour @ Newark Valley	4:45 PM		Newark Valley High School		L
May 29, 2025	Thu	Post-Season (SECTION IV CLASS C MEET @ ONEONTA HS)	@ TBD	4:00 PM		Oneonta High School	Departure Time: 1:00 PM	NL
Jun 4, 2025	Wed	Post-Season (NYS QUALIFIERS @ UNION ENDICOTT HS)	@ TBD	5:00 PM		TBD		NL
Jun 5, 2025	Thu	Post-Season (NYS QUALIFIERS @ UNION ENDICOTT HS)	@ TBD	5:00 PM		TBD		NL

Date: 2026-03-03