



Elmira Heights

(B) 7/8TH Cross Country

Coaches:

- Emily Thresher, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 16, 2021	Fri	Regular Season (MARATHON INVITATIONAL)	@ Marathon	4:00 PM		Appleby E S	Departure Time: 1:30 PM	L
Apr 20, 2021	Tue	Regular Season	@ Newark Valley	5:00 PM		Newark Valley High School	Departure Time: 3:30 PM	L
Apr 27, 2021	Tue	Regular Season (CVT Entrance behind power station in Montour Falls)	@ Watkins Glen	4:45 PM	5:15 PM	CVT Entrance Montour Falls	Departure Time: 4:00 PM	L
CANCELLED Apr 27, 2021	Tue	Regular Season (XCountry Meet @ Dryden)	Moravia, Newark Valley, Tioga, Waverly, Spencer-Van Etten (S-VE Panthers), Candor (Candor), TBD @ Dryden	5:00 PM		Dryden H S		L
May 1, 2021	Sat	Regular Season	Tioga, Watkins Glen, Waverly, Candor (Candor) @ Newark Valley	10:00 AM		TBD	Departure Time: 8:00 AM	L

Date: 2026-03-16