



Elmira Heights

(B) V Cross Country

Coaches:

- Jed Twichell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Oct 8, 2024	Tue	Regular Season (IAC Divisional Championship)	Notre Dame, Elmira, Watkins Glen, Dryden, Lansing, Trumansburg, Whitney Point @ Newark Valley	4:30 PM		Newark Valley High School		L

Date: 2024-05-04