



Elmira Heights

(G) 7/8TH Cross Country

Coaches:

- Emily Thresher, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2021	Tue	Regular Season	@ Spencer-Van Etten (S-VE Panthers)	5:00 PM		TBD	Departure Time: 3:30 PM	L
Sep 14, 2021	Tue	Regular Season	Newark Valley, Dryden @ Notre Dame, Elmira	5:00 PM		Murray Athletic Center		L
Sep 21, 2021	Tue	Regular Season	@ Tioga	5:00 PM		Haggerty Field/Track	Departure Time: 3:30 PM	L
Oct 2, 2021	Sat	Regular Season (MCQUAID INVITATIONAL @ GENESEE VALLEY PARK IN ROCHESTER)	@ TBD	9:00 AM		TBD	Departure Time: 5:45 AM	NL
Oct 5, 2021	Tue	Regular Season	@ Newark Valley	4:30 PM		Newark Valley High School	Departure Time: 2:30 PM	L
Oct 16, 2021	Sat	Regular Season (MARATHON INVITATIONAL @ APPLEBY ELEMENTARY SCHOOL)	@ Marathon	TBD		TBD	Departure Time: 6:30 AM	NL
Oct 21, 2021	Thu	Regular Season	@ TBD	5:00 PM		TBD	Departure Time: 3:30 PM	L

Date: 2025-12-20