



# Elmira Heights

## (G) 7/8TH Cross Country

### Coaches:

- Emily Thresher, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2023	Tue	Regular Season	Watkins Glen, Notre Dame, Elmira, Tioga, Spencer-Van Etten (S-VE Panthers)	5:00 PM		Newtown Battlefield		L
Sep 26, 2023	Tue	Regular Season (Battle of Elmira @ EC Domes)	Elmira	4:40 PM		MURRAY ATHLETIC CENTER		L

Date: 2024-04-10