



# Elmira Heights

## Girls 7th/8th Cross Country

### 2022 - 2023

Athletics Director: Mike Bennett

2083 College Ave  
Elmira Heights, NY, 14903  
(607) 733-5604  
[www.heightsschools.com](http://www.heightsschools.com)

### Coaches:

- Emily Thresher, Head Coach

### Players (5)

| NAME             | GRADE |
|------------------|-------|
| Brianna Barber   | 8     |
| Caitlin Buchanan | 8     |
| Lyla Cowulich    | 8     |
| Sofia Millhollen | 8     |
| Addy Shilling    | 8     |