



Elmira Heights

(G) V Cross Country

Coaches:

- Jed Twichell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2021	Wed	Regular Season	Trumansburg @ Watkins Glen	5:15 PM	6:00 PM	W G Alumni Field		L
Mar 23, 2021	Tue	Regular Season	Watkins Glen @ Notre Dame, Elmira	5:00 PM		Murray Athletic Center		L
Mar 30, 2021	Tue	Regular Season (IAC Divisional Championship - 1 Flight)	Watkins Glen, Tioga, Waverly, Candor (Candor), Notre Dame, Elmira, Spencer-Van Etten (S-VE Panthers) @ Newark Valley	5:00 PM	5:30 PM	Newark Valley High School		L
Apr 9, 2021	Fri	Regular Season (IAC END OF SEASON MEET)	@ Marathon	4:30 PM		Appleby ES	Departure Time: 2:00 PM	L
Apr 16, 2021	Fri	Regular Season (MARATHON INVITATIONAL)	@ Marathon	4:00 PM		Appleby ES	Departure Time: 2:00 PM	L

Date: 2026-01-20