



Elmira Heights (G) V Cross Country

Coaches:

- Jed Twichell

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|---------------------------|-------------------------|---------------------|
| Mar 17, 2021 | Wed | Regular Season | Trumansburg @ Watkins Glen | 5:15 PM | 6:00 PM | W G Alumni Field | | L |
| Mar 23, 2021 | Tue | Regular Season | Watkins Glen @ Notre Dame, Elmira | 5:00 PM | | Murray Athletic Center | | L |
| Mar 30, 2021 | Tue | Regular Season (IAC Divisional Championship - 1 Flight) | Watkins Glen, Tioga, Waverly, Candor (Candor), Notre Dame, Elmira, Spencer-Van Etten (S-VE Panthers) @ Newark Valley | 5:00 PM | 5:30 PM | Newark Valley High School | | L |
| Apr 9, 2021 | Fri | Regular Season (IAC END OF SEASON MEET) | @ Marathon | 4:30 PM | | Appleby E S | Departure Time: 2:00 PM | L |
| Apr 16, 2021 | Fri | Regular Season (MARATHON INVITATIONAL) | @ Marathon | 4:00 PM | | Appleby E S | Departure Time: 2:00 PM | L |

Date: 2026-01-20