



# Elmira Heights

## (G) V Cross Country

### Coaches:

- Jed Twichell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Oct 8, 2019	Tue	Regular Season (Divisonal Meet @ NV )	Notre Dame, Elmira, Waverly, Tioga, Watkins Glen, Spencer-Van Etten (S-VE Panthers) @ Newark Valley	4:30 PM		Newark Valley High School		L

Date: 2026-03-14