



# Elmira Heights

## (G) V Cross Country

### Coaches:

- Jed Twichell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Sep 12, 2023	Tue	Regular Season	Watkins Glen, Notre Dame, Elmira, Tioga, Spencer-Van Etten (S-VE Panthers)	5:00 AM		Newtown Battlefield		L

Date: 2024-04-27