



# Elmira Heights Girls Varsity Cross Country 2023 - 2024

Athletics Director: Mike Bennett

2083 College Ave  
Elmira Heights, NY, 14903  
(607) 733-5604  
[www.heightsschools.com](http://www.heightsschools.com)

## Coaches:

- Jed Twichell

## Players (8)

NAME	GRADE
Mayla Falank	11
Hannah Lasko	10
Sophia Mirando	12
Haylie Rosenthal	11
Riley Shilling	10
Riley Thresher	12
Will Timofeeff	11
Olivia Vinsek	9