

## Coaches:

- Jon Cole
- Anderson Klosner

| DATE          | WEEK<br>DAY | ТҮРЕ                                | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                  | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|---------------|-------------|-------------------------------------|--|---------------|-------------|---------------------------|--|----------------------------|
| Nov 25, 2024  | Mon         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Nov 26, 2024  | Tue         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Nov 27, 2024  | Wed         | Practice                            | N/A  | 10:00<br>AM   | 12:00<br>PM | CVA Wrestling<br>Room     |  |                            |
| Nov 29, 2024  | Fri         | Practice                            | N/A  | 10:00<br>AM   | 12:00<br>PM | CVA Wrestling<br>Room     |  |                            |
| Nov 30, 2024  | Sat         | Practice                            | N/A  | 10:00<br>AM   | 12:00<br>PM | CVA Wrestling<br>Room     |  |                            |
| Dec 2, 2024   | Mon         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 3, 2024   | Tue         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 4, 2024   | Wed         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 5, 2024   | Thu         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 6, 2024   | Fri         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 9, 2024   | Mon         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 10, 2024  | Tue         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 11, 2024  | Wed         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| POSTPONED Dec | Wed         | Regular<br>Season                   | Whitesboro @ Vernon-<br>Verona-Sherrill  | 4:00<br>PM    |             | VVS Main Gym<br>(The Pit) |  | L                          |
| Dec 12, 2024  | Thu         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 13, 2024  | Fri         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 16, 2024  | Mon         | Regular<br>Season                   | Camden, New Hartford   | 4:00<br>PM    |             | CVA Main Gym              | <b>Departure Point:</b> Jarvis   | L                          |
| Dec 17, 2024  | Tue         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 18, 2024  | Wed         | Regular<br>Season                   | New Hartford, Rome<br>Free Academy,<br>Morrisville-Eaton,<br>Canastota   | 4:00<br>PM    |             | CVA Main Gym              | <b>Departure Point:</b><br>Jarvis  | L                          |
| Dec 19, 2024  | Thu         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 20, 2024  | Fri         | Practice                            | N/A  | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room     |  |                            |
| Dec 21, 2024  | Sat         | Regular<br>Season (TVL<br>Tourney ) | Sherburne-Earlville,<br>Rome Free Academy,<br>New Hartford, Mount<br>Markham, Cooperstown<br>(Modified), Camden,<br>Whitesboro, Gouverneur,<br>Canastota, Adirondack<br>@ Holland Patent | 9:00<br>AM    | 4:00<br>PM  | HS Gym                    | Departure Point:<br>Jarvis Loop<br>Departure Date:<br>Dec 21, 2024<br>Departure Time:<br>7:45 AM | L                          |
| Jan 2, 2025   | Thu         | Practice                            | N/A  | 10:00<br>AM   | 12:00<br>PM | CVA Wrestling<br>Room     |  |                            |
|               |             |                                     |  |               |             |                           |  |                            |

| DATE         | WEEK<br>DAY | TYPE              | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION                                | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-------------------|---|---------------|-------------|---|--|----------------------------|
| Jan 6, 2025  | Mon         | Practice          | N/A   | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 7, 2025  | Tue         | Practice          | N/A   | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 8, 2025  | Wed         | Practice          | N/A   | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 9, 2025  | Thu         | Practice          | N/A   | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 10, 2025 | Fri         | Practice          | N/A   | 3:00<br>PM    | 5:00<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 11, 2025 | Sat         | Regular<br>Season | Rome Free Academy @<br>Cooperstown (Modified)                                       | 9:00<br>AM    |             | Bursey<br>Gymnasium                     | Departure Point:<br>Jarvis Loop<br>Departure Date:<br>Jan 11, 2025<br>Departure Time:<br>7:15 AM | NL                         |
| Jan 13, 2025 | Mon         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 14, 2025 | Tue         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 15, 2025 | Wed         | Regular<br>Season | Rome Free Academy @<br>Vernon-Verona-Sherrill                                       | 4:00<br>PM    |             | VVS Main Gym<br>(The Pit)               | Departure Point:<br>Jarvis Loop<br>Departure Date:<br>Jan 15, 2025<br>Departure Time:<br>3:00 PM | L                          |
| Jan 16, 2025 | Thu         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 17, 2025 | Fri         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 18, 2025 | Sat         | Regular<br>Season | Whitesboro, Camden,<br>New Hartford, Vernon-<br>Verona-Sherrill @<br>Holland Patent | 9:30<br>AM    |             | HS Gym                                  | Departure Point:<br>Jarvis<br>Departure Date:<br>Dec 21, 2024<br>Departure Time:<br>7:00 AM      | L                          |
| Jan 21, 2025 | Tue         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 22, 2025 | Wed         | Regular<br>Season | Holland Patent @<br>Camden  | 4:15<br>PM    |             | Camden High<br>School<br>Volleyball Gym | Departure Point: Jarvis Loop Departure Date: Jan 22, 2025 Departure Time: 3:15 PM                | L                          |
| Jan 23, 2025 | Thu         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 24, 2025 | Fri         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 27, 2025 | Mon         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 28, 2025 | Tue         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 29, 2025 | Wed         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |
| Jan 30, 2025 | Thu         | Regular<br>Season | Whitesboro @ Holland<br>Patent  | 4:30<br>PM    |             | HPE Gym                                 | Departure Point:<br>Jarvis Loop<br>Departure Date:<br>Jan 30, 2025<br>Departure Time:<br>3:00 PM | L                          |
| Jan 31, 2025 | Fri         | Practice          | N/A   | 3:00<br>PM    | 5:30<br>PM  | CVA Wrestling<br>Room                   |  |                            |

Date: 2025-12-06