

Coaches:

- Bob Bush
- Jeff Mower
- Dave Bello
- Tim Rathbun
- Michael Barse

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 19, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 21, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 22, 2024	Fri	Regular Season (BOYS WRESTLING WEIGH-INS)	@ Holland Patent	3:00 PM	6:00 PM	Central Valley Academy			L
Nov 22, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Nov 27, 2024	Wed	Practice	N/A	10:00 AM	12:00 PM	CVA Wrestling Room			
Nov 29, 2024	Fri	Practice	N/A	10:00 AM	12:00 PM	CVA Wrestling Room			
Nov 30, 2024	Sat	Scrimmage	@ Vernon-Verona- Sherrill	9:30 AM		VVS Main Gym (The Pit)		Departure Date: Nov 30, 2024 Departure Time: 7:00 AM	L
Dec 2, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 3, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 4, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 5, 2024	Thu	Regular Season	Mount Markham	6:00 PM		CVA Main Gym			L
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 7, 2024	Sat	Regular Season	@ Newark Valley	8:45 AM		Newark Valley High School		Departure Point: Weber Ave Departure Date: Dec 7, 2024 Departure Time: 5:45 AM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 9, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 10, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 11, 2024	Wed	Regular Season	@ Rome Free Academy	6:00 PM		RFA Main Gym		Departure Point: Weber Ave Departure Date: Dec 11, 2024 Departure Time: 4:15 PM	L
Dec 12, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 13, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 14, 2024	Sat	Regular Season	Fabius-Pompey (Southern Hills)	9:00 AM		CVA Main Gym			NL
Dec 16, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 17, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 18, 2024	Wed	Regular Season	@ Vernon-Verona- Sherrill	6:00 PM		VVS Main Gym (The Pit)		Departure Point: Weber Ave Departure Date: Dec 25, 2024 Departure Time: 4:15 PM	L
Dec 19, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room			
Dec 21, 2024	Sat	Regular Season (Montgomery County Duals)	Mount Markham, Little Falls @ Amsterdam (Amsterdam)	8:00 AM		Amsterdam High School Gym	Class Dismissal: 6:15 AM	Departure Point: Weber Ave Departure Date: Dec 21, 2024	NL
Dec 23, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	CVA Wrestling Room			
Dec 26, 2024	Thu	Practice	N/A	8:00 AM	10:00 AM	CVA Wrestling Room			
Dec 27, 2024	Fri	Regular Season (Mountain Duals)	@ Johnstown (Fonda/Johnstown)	9:00 AM		Warren Street Elementary School Gym		Departure Point: Weber Ave Departure Date: Dec 27, 2024 Departure Time: 6:15 AM	L
Dec 28, 2024	Sat	Regular Season (Mountain Duals)	@ Johnstown (Fonda/Johnstown)	9:00 AM		Warren Street Elementary School Gym		Departure Point: Weber Ave Departure Date: Dec 28, 2024 Departure Time: 6:15 AM	L
Dec 30, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	CVA Wrestling Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 2, 2025	Thu	Practice	N/A	10:00 AM	12:00 PM	CVA Wrestling Room		
Jan 3, 2025	Fri	Practice	N/A	2:00 PM	9:00 PM	CVA Main Gym		
Jan 4, 2025	Sat	Regular Season (Leo J. Sammon Jr. Tournament)	Little Falls	8:00 AM		CVA Main Gym		NL
Jan 4, 2025	Sat	Regular Season (Leo J. Sammon Jr. Memorial)	Amsterdam (Amsterdam)	9:30 AM		CVA Main Gym		NL
Jan 4, 2025	Sat	Regular Season (Sammon Tournament)	Holland Patent	10:00 AM	3:00 PM	CVA Main Gym		L
Jan 4, 2025	Sat	Regular Season (Leo J Sammon Tournament)	New Hartford	9:30 PM		CVA Main Gym		L
Jan 6, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Jan 7, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Jan 8, 2025	Wed	Regular Season	@ Holland Patent	6:00 PM		HS Gym	Departure Point: Weber Ave Departure Date: Jan 8, 2025 Departure Time: 4:15 PM	L
Jan 9, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Jan 10, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Jan 13, 2025	Mon	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room		
Jan 14, 2025	Tue	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room		
Jan 15, 2025	Wed	Regular Season	New Hartford	6:00 PM		CVA Main Gym		L
Jan 16, 2025	Thu	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room		
Jan 17, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room		
Jan 18, 2025	Sat	Regular Season (Red Devil Invitational)	@ Vernon-Verona- Sherrill	10:00 AM		VVS Main Gym (The Pit)	Departure Point: Weber Ave Departure Date: Jan 18, 2025 Departure Time: 6:30 PM	L
Jan 20, 2025	Mon	Regular Season (Section 3 Duals)	@ TBD	10:00 AM		NSJHS Main Gym	Departure Point: Weber Ave	L
Jan 21, 2025	Tue	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room		
Jan 22, 2025	Wed	Regular Season	Camden	6:00 PM		CVA Main Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 23, 2025	Thu	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Jan 24, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Jan 27, 2025	Mon	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Jan 28, 2025	Tue	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Jan 29, 2025	Wed	Regular Season	Whitesboro	6:00 PM		CVA Main Gym			L
Jan 30, 2025	Thu	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Jan 31, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 3, 2025	Mon	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 4, 2025	Tue	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 5, 2025	Wed	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 7, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 8, 2025	Sat	Post-Season (CLASS B TOURNAMENT)	@ Mexico	10:00 AM		Mexico HS- Gymnasium		Departure Point: Weber Ave Departure Date: Feb 8, 2025 Departure Time: 6:30 AM	L
Feb 10, 2025	Mon	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 11, 2025	Tue	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 12, 2025	Wed	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 13, 2025	Thu	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 14, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	CVA Wrestling Room			
Feb 15, 2025	Sat	Post-Season (Section 3 - Division 2 Tournament)	TBD	10:00 AM		Onondaga Community College		Departure Point: Weber Ave Departure Date: Feb 15, 2025 Departure Time: 6:00 AM	L
Feb 18, 2025	Tue	Practice	N/A	10:00 AM	12:00 PM	CVA Wrestling Room			

DATE	WEEK 1	ГҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 19, 2025	Wed F	Practice	N/A	10:00 AM		CVA Wrestling Room		
Feb 21, 2025	Fri F	Practice	N/A	10:00 AM		CVA Wrestling Room		
Feb 24, 2025	Mon F	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Feb 25, 2025	Tue F	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Feb 26, 2025	Wed F	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		

Date: 2025-12-17