



Central Valley Academy

(B) V Wrestling

Coaches:

- Bob Bush
- Jeff Mower
- Dave Bello
- Tim Rathbun
- Michael Barse

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2022	Fri	Practice (Utica Area Weight Certification)	N/A	3:00 PM	6:00 PM	CVA Small Gym		
Nov 18, 2022	Fri	Scrimmage (Weight Certifications)	Vernon-Verona-Sherrill	4:00 PM		CVA Wrestling Room		NL
Nov 28, 2022	Mon	Regular Season (Scrimmage)	@ Amsterdam (Amsterdam)	4:30 PM		Lynch Middle School Gym	Departure Point: Weber Ave Departure Time: 3:00 PM	L
Dec 3, 2022	Sat	Regular Season (Larry Goodrich Tournament)	Binghamton, Deposit (Deposit-Hancock), Dryden, Elmira, Holland Patent, Ithaca, Owego Apalachin, Elmira Heights, TBD @ Newark Valley	10:00 AM		Newark Valley High School	Departure Point: Weber Ave Departure Time: 5:45 AM	L
Dec 8, 2022	Thu	Regular Season 65-12 W	Whitesboro	6:30 PM	9:00 PM	CVA Main Gym		L
Dec 14, 2022	Wed	Regular Season	@ Holland Patent	6:00 PM		TBD	Departure Point: Weber Ave Departure Time: 4:15 PM	L
Dec 17, 2022	Sat	Regular Season (Lee Van Slyke Mem. Tourney)	Shenendehowa High School, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	9:00 AM		BH-BL HS Gym	Departure Point: Weber Ave Departure Time: 6:00 AM	NL
Dec 21, 2022	Wed	Regular Season	@ Vernon-Verona-Sherrill	6:00 PM		VVS Main Gym (The Pit)	Departure Point: Weber Ave Departure Time: 4:15 PM	L
Dec 29, 2022	Thu	Regular Season (Mountain Duals)	@ Johnstown (Fonda/Johnstown)	7:00 AM		TBD	Departure Point: Weber Ave Departure Time: 6:15 AM	L
Dec 30, 2022	Fri	Regular Season (Mountain Duals)	@ Johnstown (Fonda/Johnstown)	7:00 AM		TBD	Departure Point: Weber Ave Departure Time: 6:15 AM	L
Jan 7, 2023	Sat	Regular Season (Leo Jay Tournament)	Camden	9:30 AM		CVA Wrestling Room		L
Jan 7, 2023	Sat	Regular Season (Leo J. Sammon Jr. Memorial Tournament)	Amsterdam (Amsterdam)	9:30 AM		CVA Wrestling Room		NL
Jan 7, 2023	Sat	Regular Season (Tournament)	Holland Patent	10:00 AM		CVA Main Gym		NL
Jan 7, 2023	Sat	Regular Season (Leo J. Sammons Tournament)	Johnstown (Fonda/Johnstown)	TBD		CVA Wrestling Room		NL
Jan 7, 2023	Sat	Regular Season (Leo J. Sammon Invite)	Jamesville-Dewitt (JD/CBA/Solvay/WH)	TBD		TBD		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2023	Tue	Regular Season	New Hartford	6:00 PM	9:00 PM	CVA Small Gym		L
Jan 11, 2023	Wed	Regular Season	Camden	6:00 PM	9:00 PM	CVA Main Gym		L
Jan 13, 2023	Fri	Regular Season (Eastern States)	@ TBD	TBD		TBD		L
Jan 14, 2023	Sat	Regular Season	@ Camden	10:00 AM		Camden High School Main Gym	Departure Point: Weber Ave Departure Time: 6:30 AM	L
Jan 14, 2023	Sat	Regular Season (Eastern States)	@ TBD	TBD		TBD		L
Jan 19, 2023	Thu	Regular Season (Section III Duals)	@ Cicero-North Syracuse	6:00 PM	9:00 PM	CNS HS- Main Gym	Departure Point: Weber Ave Departure Time: 3:00 PM	L
Jan 28, 2023	Sat	Regular Season (NYS Duals)	@ TBD	TBD		SRC Arena	Departure Point: Weber Ave Departure Time: 5:45 AM	L
Feb 1, 2023	Wed	Regular Season	Rome Free Academy	6:00 PM		CVA Small Gym		L
Feb 4, 2023	Sat	Regular Season (Class B Tourney)	@ TBD	7:00 AM		CVA Main Gym		L
Feb 4, 2023	Sat	Post-Season (Class B Tournament)	Jordan-Elbridge (Port Byron/Union Springs/Jordan-Elbridge/Cato-Meridian)	8:00 AM		CVA Wrestling Room		NL
Feb 11, 2023	Sat	Regular Season (Division II Tourney)	@ TBD	TBD		SRC Arena	Departure Point: Weber Ave Departure Time: 6:15 AM	L
Feb 24, 2023	Fri	Regular Season (NYS Tourney)	@ TBD	TBD		Times Union Center		L

Date: 2025-12-05