



Central Valley Academy

(B) V Wrestling

Coaches:

- Bob Bush
- Jeff Mower
- Dave Bello
- Tim Rathbun
- Michael Barse

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2023	Fri	District (Weight Certifications)	Vernon-Verona-Sherrill	4:00 PM		CVA Wrestling Room		NL
Dec 6, 2023	Wed	Regular Season	Rome Free Academy	6:00 PM		CVA Wrestling Room		L
Dec 9, 2023	Sat	Regular Season (CVA Valley Duals)	Mount Markham	9:00 AM		CVA Wrestling Room		L
Dec 11, 2023	Mon	Practice	N/A	TBD		CVA Wrestling Room		
Dec 12, 2023	Tue	Practice	N/A	TBD		CVA Wrestling Room		
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Dec 15, 2023	Fri	Practice	N/A	TBD		CVA Wrestling Room		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Dec 20, 2023	Wed	Regular Season	Holland Patent	6:00 PM	8:00 PM	CVA Main Gym		L
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Dec 22, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	CVA Wrestling Room		
Dec 26, 2023	Tue	Practice	N/A	10:00 AM	12:00 PM	TBD		
Dec 27, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	TBD		
Jan 1, 2024	Mon	Practice	N/A	10:00 AM	12:00 PM	TBD		
Jan 2, 2024	Tue	Practice	N/A	10:00 AM	12:00 PM	CVA Wrestling Room		
Jan 3, 2024	Wed	Regular Season	Vernon-Verona-Sherrill	6:00 PM	8:00 PM	CVA Main Gym		L
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		

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Jan 6, 2024	Sat	Regular Season (LEO J SAMMON MEMORIAL TOURNAMENT)	Holland Patent	7:00 AM		CVA Main Gym		L
Jan 6, 2024	Sat	Regular Season (Leo J. Sammons Tournament)	Johnstown (Fonda/Johnstown)	7:00 AM		CVA Main Gym		NL
Jan 6, 2024	Sat	Regular Season (Leo J. Sammon Jr. Tournament)	Little Falls	9:00 AM		CVA Main Gym		NL
Jan 6, 2024	Sat	Regular Season (Leo J. Sammon Wrestling Tournament @ CVA)	Mount Markham	9:30 AM		CVA Main Gym		NL
Jan 6, 2024	Sat	Regular Season (Leo J. Sammon Jr. Memorial)	Amsterdam (Amsterdam/Broadalbin-Perth)	9:30 AM		CVA Main Gym		L
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Wrestling Room		
Jan 9, 2024	Tue	Regular Season (SECTION III DUAL MEET ROUND 1)	Holland Patent	5:00 PM		CVA Main Gym		L
Jan 11, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 16, 2024	Tue	Post-Season (TVL sectionals vs. HP at 5 pm. Winner will wrestle CVA at 6 pm.)	Vernon-Verona-Sherrill	5:00 PM		CVA Wrestling Room		L
Jan 18, 2024	Thu	Practice (vars / jr vars)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 19, 2024	Fri	Practice (vars / jr vars)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 22, 2024	Mon	Practice (mod / jv / varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 23, 2024	Tue	Practice (mod / jv / varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 25, 2024	Thu	Practice (jv & varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 26, 2024	Fri	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 29, 2024	Mon	Practice (jv/varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 30, 2024	Tue	Practice (jv/varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Jan 31, 2024	Wed	Practice (jv/varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 1, 2024	Thu	Practice (jv/varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 2, 2024	Fri	Practice (jv/varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 5, 2024	Mon	Practice (jv & varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 6, 2024	Tue	Practice (jv & varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 7, 2024	Wed	Practice (jv & varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 8, 2024	Thu	Practice (jv & varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 9, 2024	Fri	Practice (jv & varsity)	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 12, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 13, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 14, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 15, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		
Feb 16, 2024	Fri	Practice	N/A	3:15 PM	5:30 PM	CVA Wrestling Room		

Date: 2024-05-12