



# Central Valley Academy

## (G) V Winter Track

### Coaches:

- Chris French
- Patrick Parker
- Charles Maxson
- Robert Paul

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 18, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 19, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 20, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 21, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 24, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 25, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Nov 26, 2025	Wed	Practice	N/A	7:30 AM	9:30 AM	CVA Indoor Track		
Nov 28, 2025	Fri	Practice	N/A	7:30 AM	9:30 AM	CVA Indoor Track		
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Indoor Track		
CANCELLED Dec 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Indoor Track		
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Indoor Track		
Dec 4, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Indoor Track		
Dec 4, 2025	Thu	Regular Season (Utica University Meet)	@ TBD	7:30 PM	10:00 PM	Utica University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Dec 4, 2025 <b>Departure Time:</b> 6:00 PM	L
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Indoor Track		
Dec 8, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	CVA Indoor Track		
Dec 9, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	CVA Indoor Track		
POSTPONED Dec 10, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	CVA Indoor Track		
Dec 11, 2025	Thu	Regular Season (Utica University Meet)	@ TBD	7:30 PM	10:00 PM	Utica University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Dec 11, 2025 <b>Departure Time:</b> 6:00 PM	L
Dec 12, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	CVA Indoor Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2025	Mon	Regular Season (Hamilton College Meet)	@ TBD	4:00 PM	10:30 PM	Hamilton College	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Dec 15, 2025 <b>Departure Time:</b> 2:00 PM	L
Dec 18, 2025	Thu	Regular Season (Utica University Meet)	@ TBD	7:30 PM	10:00 PM	Utica University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Dec 18, 2025 <b>Departure Time:</b> 6:00 PM	L
Dec 27, 2025	Sat	Regular Season (Utica University Holiday Invitational)	@ TBD	10:00 AM	3:00 PM	Utica University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Dec 27, 2025 <b>Departure Time:</b> 8:30 AM	L
Jan 2, 2026	Fri	Regular Season (Colgate University Meet)	@ TBD	12:30 PM	3:00 PM	Colgate University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Jan 2, 2026 <b>Departure Time:</b> 10:30 AM	L
Jan 8, 2026	Thu	Regular Season (MVCC Supplemental Meet)	@ TBD	4:00 PM	6:00 PM	Mohawk Valley Community College	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Jan 8, 2026 <b>Departure Time:</b> 2:30 PM	L
Jan 10, 2026	Sat	Regular Season (Utica University Challenge Invitational)	@ TBD	TBD		Utica University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Jan 10, 2026	L
Jan 15, 2026	Thu	Regular Season (MVCC Supplemental Meet)	@ TBD	4:00 PM	6:00 PM	Mohawk Valley Community College	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Jan 15, 2026 <b>Departure Time:</b> 2:30 PM	L
Jan 17, 2026	Sat	Regular Season (OCC Meet)	@ TBD	3:00 PM	8:00 PM	Onondaga Community College	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Jan 17, 2026 <b>Departure Time:</b> 12:30 PM	L
Jan 22, 2026	Thu	Regular Season (Utica University TVL Championship Meet)	@ TBD	7:30 PM	10:00 PM	Utica University	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Jan 22, 2026 <b>Departure Time:</b> 6:00 PM	L

Date: 2025-12-13