



# Central Valley Academy

## (G) 7/8TH Volleyball (Blue)

### Coaches:

- Brian Lasowski

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 25, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	CVA Small Gym		
Nov 26, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	CVA Small Gym		
Dec 2, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 3, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 3, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Small Gym		
Dec 4, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 5, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 9, 2024	Mon	Regular Season 1-4 L	@ Utica Proctor (JFK)	4:30 PM		JFK Gym	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> Dec 9, 2024 <b>Departure Time:</b> 3:15 PM	L
Dec 10, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 11, 2024	Wed	Regular Season	@ Holland Patent (purple)	6:00 PM	7:30 PM	GWF Gym	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> Dec 11, 2024 <b>Departure Time:</b> 4:45 PM	L
Dec 12, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 13, 2024	Fri	Regular Season 4-1 W	Vernon-Verona-Sherrill	4:30 PM		CVA Small Gym		L
Dec 16, 2024	Mon	Regular Season 1-4 L	Whitesboro (Blue)	4:30 PM		CVA Small Gym		L
Dec 17, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Dec 18, 2024	Wed	Regular Season 0-5 L	@ Whitesboro (White)	4:00 PM		Whitesboro Middle School Gym		L
Dec 19, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Dec 20, 2024	Fri	Regular Season	@ Holland Patent (gold)	4:30 PM	6:00 PM	GWF Gym	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> Dec 20, 2024 <b>Departure Time:</b> 3:15 PM	L
Jan 6, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Small Gym		
Jan 7, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		

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Jan 8, 2025	Wed	Regular Season	@ New Hartford	4:30 PM		Perry JH Gym	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> Jan 8, 2025 <b>Departure Time:</b> 3:30 PM	L
Jan 9, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Jan 10, 2025	Fri	Regular Season 1-4 L	@ Utica Proctor (DMS)	4:30 PM		Donovan Gym		L
Jan 13, 2025	Mon	Regular Season	Camden	4:30 PM		CVA Small Gym		L
Jan 14, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 15, 2025	Wed	Regular Season	Oneida (orange)	4:30 PM		CVA Small Gym		L
Jan 16, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Jan 17, 2025	Fri	Regular Season	Oneida (Blue)	4:30 PM		CVA Small Gym		L
Jan 21, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Jan 22, 2025	Wed	Regular Season	Rome Free Academy (Black)	4:00 PM		CVA Small Gym		L
Jan 23, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Jan 24, 2025	Fri	Regular Season	Rome Free Academy (Orange)	6:00 PM		CVA Small Gym		L
Jan 27, 2025	Mon	Regular Season	@ Whitesboro (Blue)	4:00 PM		Whitesboro Middle School Gym	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> Jan 27, 2025 <b>Departure Time:</b> 3:15 PM	L

Date: 2025-04-28