



Central Valley Academy

(G) V Volleyball

Coaches:

- Kevin Wheelock
- Jen Johnson (Hand)
- Frank Spatto

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 19, 2024	Tue	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 20, 2024	Wed	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 21, 2024	Thu	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 22, 2024	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	7:30 PM	9:00 PM	CVA Small Gym		
Nov 25, 2024	Mon	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 26, 2024	Tue	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 27, 2024	Wed	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Nov 29, 2024	Fri	Scrimmage	@ Whitesboro	1:00 PM	3:00 PM	Whitesboro High School Gym	Departure Point: Weber Ave Departure Date: Nov 29, 2024 Departure Time: 12:15 PM	L
Nov 30, 2024	Sat	Scrimmage (6 Team Scrimmage)	Adirondack, Remsen, Dolgeville, Little Falls @ Dolgeville	8:30 AM		HS Gym #2	Departure Point: Weber Ave Departure Date: Nov 30, 2024 Departure Time: 7:30 AM	NL
Dec 2, 2024	Mon	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 3, 2024	Tue	Regular Season	@ Mount Markham	7:00 PM		MS Big Gym	Departure Point: Weber Ave Departure Date: Dec 3, 2024 Departure Time: 4:00 PM	NL
Dec 5, 2024	Thu	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 6, 2024	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 9, 2024	Mon	Regular Season	New Hartford	7:00 PM		CVA Small Gym		L
Dec 10, 2024	Tue	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		

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Dec 12, 2024	Thu	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 13, 2024	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 16, 2024	Mon	Regular Season	@ Vernon-Verona-Sherrill	7:00 PM		VVS MS Gym	Departure Point: Weber Ave Departure Date: Dec 16, 2024 Departure Time: 4:00 PM	L
Dec 17, 2024	Tue	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 18, 2024	Wed	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 19, 2024	Thu	Regular Season	@ Holland Patent	7:00 PM	9:00 PM	GWF Gym	Departure Point: Weber Ave Departure Date: Dec 19, 2024 Departure Time: 4:00 PM	L
Dec 20, 2024	Fri	Practice	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 21, 2024	Sat	Regular Season	Rome Free Academy	1:30 PM		CVA Small Gym	Departure Point: Weber Ave	NL
Dec 23, 2024	Mon	Practice	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Dec 26, 2024	Thu	Practice	N/A	3:00 PM	6:00 PM	CVA Small Gym		
Jan 2, 2025	Thu	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 5, 2025	Sun	Practice	N/A	TBD	8:00 PM	CVA Small Gym		
Jan 6, 2025	Mon	Regular Season	@ East Syracuse Minoa	6:30 PM		ESM High School - Gym 2	Departure Point: Weber Ave Departure Date: Jan 6, 2025 Departure Time: 3:15 PM	L
Jan 7, 2025	Tue	Practice	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 8, 2025	Wed	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 9, 2025	Thu	Regular Season	@ New Hartford	7:00 PM		New Hartford HS Gym	Departure Point: Weber Ave Departure Date: Jan 9, 2025 Departure Time: 4:00 PM	L
Jan 10, 2025	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 13, 2025	Mon	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 14, 2025	Tue	Regular Season	Oneida	7:00 PM		CVA Small Gym	Departure Point: Weber Ave	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 15, 2025	Wed	Regular Season	@ Camden	7:00 PM		Camden High School Main Gym	Departure Point: Weber Ave Departure Date: Jan 15, 2025 Departure Time: 3:30 PM	L
Jan 16, 2025	Thu	Regular Season 0-3 L	Whitesboro	7:00 PM		CVA Small Gym	Departure Point: Weber Ave	L
Jan 17, 2025	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 18, 2025	Sat	Regular Season (Tournament)	Owen D. Young (ODY/Richfield), New York Mills @ Frankfort-Schuyler	9:00 AM		FSHS Main Gym	Departure Point: Weber Ave Departure Date: Jan 18, 2025 Departure Time: 7:30 AM	L
Jan 20, 2025	Mon	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 21, 2025	Tue	Regular Season	Utica Proctor	7:00 PM		CVA Small Gym		L
Jan 22, 2025	Wed	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Departure Point: Weber Ave Departure Date: Jan 22, 2025 Departure Time: 3:30 PM	L
Jan 23, 2025	Thu	Regular Season	@ Rome Free Academy	7:00 PM		Buddy Evans Gym (Strough MS)	Departure Point: Weber Ave Departure Date: Jan 23, 2025 Departure Time: 4:00 PM	L
Jan 24, 2025	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 25, 2025	Sat	Regular Season	Cincinnati	12:00 PM		CVA Small Gym	Departure Point: Weber Ave	L
Jan 27, 2025	Mon	Regular Season	Camden	7:00 PM		CVA Small Gym	Departure Point: Weber Ave	L
Jan 28, 2025	Tue	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 29, 2025	Wed	Practice (Girls Varsity and JV Volleyball Practice)	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Jan 30, 2025	Thu	Regular Season	Vernon-Verona-Sherrill	7:00 PM		CVA Main Gym	Departure Point: Weber Ave	L
Jan 31, 2025	Fri	Regular Season	Holland Patent	7:00 PM	9:00 PM	CVA Small Gym		L
Feb 1, 2025	Sat	Scrimmage (Finale Tournament)	Waterville, Cooperstown, Herkimer, Little Falls @ Dolgeville	8:30 AM	2:00 PM	HS Gym #1		NL
Feb 3, 2025	Mon	Practice	N/A	6:00 PM	9:00 PM	CVA Small Gym		
Feb 4, 2025	Tue	Post-Season	Watertown	6:00 PM		CVA Main Gym		NL
Feb 7, 2025	Fri	Practice (Girls Varsity and JV Volleyball Practice)	N/A	5:00 PM	7:00 PM	CVA Small Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 8, 2025	Sat	Post-Season (Sectional Quarterfinals)	@ New Hartford	4:00 PM		New Hartford HS Gym	Departure Point: Weber Ave. Departure Date: Feb 8, 2025 Departure Time: 2:30 PM	L
Feb 15, 2025	Sat	Post-Season (Sectional Finals at CVA)	TBD	7:00 AM	7:00 PM	CVA Small Gym, CVA Main Gym		L
Feb 16, 2025	Sun	Post-Season (CVA Sectionals Snow Date)	TBD	7:00 AM	7:00 PM	CVA Small Gym, CVA Main Gym		L

Date: 2025-12-19