



# Central Valley Academy

## (G) 7/8TH Outdoor Track

### Coaches:

- Bill Holland

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2024	Tue	Practice	N/A	3:00 PM	3:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 10, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 11, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 12, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 15, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 16, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 18, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 19, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 22, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 23, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 24, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 26, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 29, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 30, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 1, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 3, 2024	Fri	Regular Season	@ Camden	4:30 PM		Camden High School Stadium	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> May 3, 2024 <b>Departure Time:</b> 3:15 PM	L
May 6, 2024	Mon	Regular Season	@ New Hartford	4:30 PM		HS Track	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> May 6, 2024 <b>Departure Time:</b> 3:15 PM	L
May 7, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 8, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 9, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 13, 2024	Mon	Regular Season (TVL League Meet)	Holland Patent, New Hartford, Oneida, Rome Free Academy, Utica Proctor (DMS), Utica Proctor (JFK), Vernon-Verona-Sherrill, Whitesboro @ Camden	4:15 PM		Camden High School Stadium	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> May 13, 2024 <b>Departure Time:</b> 3:00 PM	L
May 14, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 15, 2024	Wed	Regular Season	@ Oneida	4:00 PM		HS Track	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> May 15, 2024 <b>Departure Time:</b> 3:00 PM	L
May 16, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 17, 2024	Fri	Regular Season	Rome Free Academy	4:30 PM		Diss Athletic Complex	<b>Departure Point:</b> Jarvis Loop	L
May 20, 2024	Mon	Regular Season	Utica Proctor (DMS)	4:30 PM		Diss Athletic Complex	<b>Departure Point:</b> Jarvis Loop	L
May 21, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 22, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 23, 2024	Thu	Regular Season	@ Utica Proctor (JFK)	4:00 PM		JFK Track	<b>Departure Point:</b> Jarvis Loop <b>Departure Date:</b> May 23, 2024 <b>Departure Time:</b> 3:00 PM	L
May 24, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 27, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 28, 2024	Tue	Regular Season	Vernon-Verona-Sherrill, Whitesboro	4:30 PM		Diss Athletic Complex	<b>Departure Point:</b> Jarvis Loop	L

Date: 2024-11-07