



Central Valley Academy

(G) 7/8TH Outdoor Track

Coaches:

- Bill Holland

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2024	Tue	Practice	N/A	3:00 PM	3:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 10, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 11, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 12, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 15, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 16, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 18, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 19, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track, CVA Indoor Track		
Apr 22, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 23, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 24, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 26, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 29, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
Apr 30, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 1, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 7, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 8, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 9, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 14, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 16, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 17, 2024	Fri	Regular Season	Rome Free Academy	4:30 PM		Diss Athletic Complex	Departure Point: Jarvis Loop	L
May 20, 2024	Mon	Regular Season	Utica Proctor (DMS)	4:30 PM		Diss Athletic Complex	Departure Point: Jarvis Loop	L
May 21, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 22, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 24, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 27, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 28, 2024	Tue	Regular Season	Vernon-Verona-Sherrill	4:30 PM		Diss Athletic Complex	Departure Point: Jarvis Loop	L
May 29, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		
May 30, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Diss Athletic Track		

Date: 2024-04-27