



# Central Valley Academy

## (G) V Outdoor Track

### Coaches:

- Tara VanCauwenberge
- Charles Maxson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 18, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Mar 19, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Mar 20, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Mar 21, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Mar 22, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Mar 25, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA Indoor Track		
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA Indoor Track		
Mar 27, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	CVA Indoor Track		
Mar 28, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	CVA Indoor Track		
Apr 1, 2024	Mon	Practice	N/A	9:00 AM	10:30 AM	CVA Indoor Track		
Apr 2, 2024	Tue	Practice	N/A	9:00 AM	10:30 AM	CVA Indoor Track		
Apr 8, 2024	Mon	Practice	N/A	9:00 AM	10:30 AM	TBD		
Apr 8, 2024	Mon	Practice	N/A	9:00 AM	10:30 AM	CVA Indoor Track		
Apr 9, 2024	Tue	Regular Season	Whitesboro, Notre Dame, Utica	4:30 PM		Diss Athletic Complex	<b>Departure Point:</b> Weber Ave	L
Apr 10, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Diss Athletic Track, CVA Indoor Track		
Apr 11, 2024	Thu	Regular Season	Vernon-Verona-Sherrill, Notre Dame, Utica	4:30 PM		Diss Athletic Complex	<b>Departure Point:</b> Weber Ave	L
Apr 12, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	TBD		
Apr 17, 2024	Wed	Regular Season	Notre Dame, Utica @ Oneida	4:00 PM		HS Track	<b>Departure Point:</b> Weber Ave	L
May 1, 2024	Wed	Regular Season	Notre Dame, Utica @ Holland Patent	4:30 PM		HS Stadium / Track	<b>Departure Point:</b> Weber Ave	L
May 6, 2024	Mon	Regular Season (TVL Rookie Meet)	Camden, Holland Patent, Notre Dame, Utica, Oneida, New Hartford, Utica Proctor, Whitesboro, Vernon-Verona-Sherrill @ Rome Free Academy	5:30 PM		Stadium Track and Field		L
May 8, 2024	Wed	Regular Season	Notre Dame, Utica, Camden	4:30 PM	8:45 PM	Diss Athletic Complex		L

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May 14, 2024	Tue	Regular Season (TVL Championship)	Camden, Holland Patent, New Hartford, Notre Dame, Utica, Oneida, Rome Free Academy, Vernon-Verona-Sherrill, Whitesboro @ Utica Proctor	4:00 PM		PHS Stadium (Turf Field/Track)		L
May 20, 2024	Mon	Meet (Section 3 Class B1 )	Vs. Multiple	4:30 PM		Westhill High School Track		NL

Date: 2024-04-10