



Central Valley Academy

(B) 7/8TH Outdoor Track

Coaches:

- Jon Cole, Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------------------|----------|----------------------------------|--|------------|----------|----------------------------|--|---------------------|
| Mar 24, 2025 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | CVA Indoor Track | | |
| Mar 25, 2025 | Tue | Practice | N/A | 3:15 PM | 5:00 PM | CVA Indoor Track | | |
| Mar 26, 2025 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | CVA Indoor Track | | |
| Mar 27, 2025 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | CVA Indoor Track | | |
| Mar 28, 2025 | Fri | Practice | N/A | 3:15 PM | 5:00 PM | CVA Indoor Track | | |
| Apr 14, 2025 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | Diss Athletic Track | | |
| Apr 15, 2025 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | Diss Athletic Track | | |
| Apr 16, 2025 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Diss Athletic Track | | |
| Apr 28, 2025 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Diss Athletic Track | | |
| Apr 29, 2025 | Tue | Practice | N/A | 3:15 PM | 4:30 PM | Diss Athletic Track | | |
| May 1, 2025 | Thu | Practice | N/A | 3:15 PM | 4:30 PM | Diss Athletic Track | | |
| May 5, 2025 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | Diss Athletic Track | | |
| POSTPONED May 6, 2025 | Tue | Regular Season @ Camden | | 4:15 PM | | Camden High School Stadium | Departure Point: Jarvis Loop Departure Date: May 6, 2025 Departure Time: 3:15 PM | L |
| May 7, 2025 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Diss Athletic Track | | |
| May 8, 2025 | Thu | Regular Season New Hartford | | 4:30 PM | | Diss Athletic Complex | | L |
| May 9, 2025 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Diss Athletic Track | | |
| May 12, 2025 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Diss Athletic Track | | |
| May 13, 2025 | Tue | Regular Season Oneida | | 4:30 PM | | Diss Athletic Complex | | L |
| May 14, 2025 | Wed | Practice | N/A | 3:15 PM | 4:30 PM | Diss Athletic Track | | |
| May 15, 2025 | Thu | Practice | N/A | 3:15 PM | 4:30 PM | Diss Athletic Track | | |
| May 19, 2025 | Mon | Regular Season (TVL League Meet) | New Hartford, Camden, Oneida, Utica Proctor (DMS), Whitesboro, Holland Patent, Vernon-Verona-Sherrill, Rome Free Academy @ Utica Proctor (JFK) | 4:00 PM | | JFK Track | Departure Point: Jarvis Loop Departure Date: May 19, 2025 Departure Time: 3:15 PM | L |
| May 22, 2025 | Thu | Regular Season Rome Free Academy | | 4:15 PM | | Diss Athletic Complex | | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|---|------------|----------|------------------------------|---|---------------------|
| CANCELLED May 27, 2025 | Tue | Regular Season | Utica Proctor (DMS), Utica Proctor (JFK) | 4:30 PM | | Diss Athletic Complex | | L |
| May 30, 2025 | Fri | Regular Season | @ Vernon-Verona-Sherrill | 4:00 PM | | Track | Departure Point: Jarvis Loop Departure Date: May 30, 2025 Departure Time: 3:00 PM | L |
| Jun 3, 2025 | Tue | Regular Season | @ Whitesboro | 4:00 PM | | Ed Wadas Complex High School | Departure Point: Jarvis Loop Departure Date: Jun 3, 2025 Departure Time: 3:00 PM | L |
| Jun 5, 2025 | Thu | Regular Season | Holland Patent | 4:30 PM | | Diss Athletic Complex | | L |

Date: 2025-12-14