

## Coaches:

- Tim Lawrence
- Chris French

| DATE         | WEEK<br>DAY | TYPE                                            | OPPONENTS                                                                                                                                                             | START<br>TIME | END<br>TIME | LOCATION                                | DEPARTURE | TRANSPORTATION                                                   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|-----------------------------------------|-----------|------------------------------------------------------------------|----------------------------|
| Apr 6, 2023  | Thu         | Regular<br>Season (TVL<br>Relays Co-Ed<br>)     | Whitesboro,<br>Rome Free<br>Academy,<br>Holland Patent,<br>New Hartford,<br>Utica Proctor,<br>Vernon-Verona-<br>Sherrill, Oneida,<br>Notre Dame,<br>Utica @<br>Camden | 4:00<br>PM    |             | Camden<br>High<br>School<br>Stadium     |           | <b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 3:00 PM | L                          |
| Apr 21, 2023 | Fri         | Regular<br>Season<br>(Invitational)             | @ Utica Proctor                                                                                                                                                       | 3:45<br>PM    | 6:45<br>PM  | PHS<br>Stadium<br>(Turf<br>Field/Track) |           | Departure Point:<br>Weber Ave<br>Departure Time:<br>2:30 PM      | L                          |
| Apr 24, 2023 | Mon         | Regular<br>Season (TVL<br>Rookie Meet<br>Co-ED) | Rome Free<br>Academy,<br>Camden,<br>Holland Patent,<br>New Hartford,<br>Utica Proctor,<br>Vernon-Verona-<br>Sherrill, Oneida,<br>Notre Dame,<br>Utica @<br>Whitesboro | 6:00<br>PM    |             | Ed Wadas<br>Complex<br>High<br>School   |           | <b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 4:00 PM | L                          |
| Apr 26, 2023 | Wed         | Regular<br>Season                               | Camden                                                                                                                                                                | 4:30<br>PM    |             | Diss<br>Athletic<br>Complex             |           |                                                                  | L                          |
| May 1, 2023  | Mon         | Regular<br>Season                               | @ Rome Free<br>Academy                                                                                                                                                | 4:15<br>PM    | 6:45<br>PM  | Stadium<br>Track and<br>Field           |           | Departure Point:<br>Weber Ave<br>Departure Time:<br>3:00 PM      | L                          |
| May 3, 2023  | Wed         | Regular<br>Season                               | @ Holland<br>Patent                                                                                                                                                   | 4:30<br>PM    |             | HS Stadium<br>/ Track                   | ı         | Departure Point:<br>Weber Ave<br>Departure Time:<br>3:00 PM      | L                          |

| DATE         | WEEK<br>DAY | <sup>(</sup> TYPE                                     | OPPONENTS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | START<br>TIME | T END      |                                       | DEPARTURE                      | E TRANSPORTATION                                            | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|------------|---------------------------------------|--------------------------------|-------------------------------------------------------------|----------------------------|
| May 5, 2023  | Fri         | Regular<br>Season (Ed<br>Wadas Track<br>invitational) | Watertown, Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish- Williamstown (APW Rebels), Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Vernon-Verona- Sherrill, Skaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro | 4:00<br>PM    |            | Ed Wadas<br>Complex<br>High<br>School | Class<br>Dismissal:<br>3:00 PM | Departure Point:<br>Weber Ave                               | NL                         |
| May 10, 2023 | Wed         | Regular<br>Season                                     | Oneida, Vernon-<br>Verona-Sherrill                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 4:30<br>PM    | 6:45<br>PM | Diss<br>Athletic<br>Complex           |                                |                                                             | L                          |
| May 12, 2023 | Fri         | Regular<br>Season<br>(Invitational)                   | @ TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 4:00<br>PM    |            | Knox Junion<br>Turf &<br>Track        |                                | Departure Point:<br>Weber Ave<br>Departure Time:<br>2:30 PM | L                          |
| May 12, 2023 | Fri         | Regular<br>Season<br>(Johnstown<br>Invitational)      | Albany Academies, Amsterdam, Galway, Lansingburgh, Gloversville, Broadalbin- Perth, Catholic Central, Troy, Fonda- Fultonville, Mayfield @ Johnstown                                                                                                                                                                                                                                                                                                                                                                                     | 4:30<br>PM    |            | Knox Junio<br>Turf &<br>Track         | -                              |                                                             | NL                         |

| DATE         | WEEK<br>DAY | TYPE                                   | OPPONENTS                                                                                                                                                             | START<br>TIME | END<br>TIME | LOCATION                            | DEPARTURE TRANSPORTATION                                         | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|-------------------------------------|------------------------------------------------------------------|----------------------------|
| May 16, 2023 | Tue         | Regular<br>Season (TVL<br>League Meet) | Whitesboro,<br>Rome Free<br>Academy,<br>Holland Patent,<br>New Hartford,<br>Utica Proctor,<br>Vernon-Verona-<br>Sherrill, Oneida,<br>Notre Dame,<br>Utica @<br>Camden | 4:15<br>PM    |             | Camden<br>High<br>School<br>Stadium | <b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 3:00 PM | L                          |
| May 25, 2023 | Thu         | Regular<br>Season<br>(Tournament)      | @ Camden                                                                                                                                                              | 4:00<br>PM    |             | Camden<br>High<br>School<br>Stadium | <b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 2:30 PM | L                          |
| Jun 1, 2023  | Thu         | Post-Season<br>(Qualifier)             | @ TBD                                                                                                                                                                 | 4:00<br>PM    | 8:45<br>PM  | CNS HS-<br>Bragman<br>Stadium       | Departure Point:<br>Weber Ave<br>Departure Time:<br>2:30 PM      | L                          |

Date: 2024-04-19