



Central Valley Academy

(G) V Field Hockey

Coaches:

- Kelly Rowland
- Kelly Cave

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Varsity Field Hockey Preseason)	N/A	6:00 PM	8:00 PM	Diss Athletic Field		
Aug 27, 2024	Tue	Practice (Varsity Field Hockey Preseason)	N/A	4:00 PM	6:00 PM	Diss Athletic Field		
Aug 28, 2024	Wed	Practice (Varsity Field Hockey Preseason)	N/A	6:00 PM	8:00 PM	Diss Athletic Field		
Aug 29, 2024	Thu	Practice (Varsity Field Hockey Preseason)	N/A	4:00 PM	6:00 PM	Diss Athletic Field		
Aug 30, 2024	Fri	Practice	N/A	7:00 AM	9:00 AM	Diss Athletic Field		
Sep 2, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Diss Athletic Field		
Sep 3, 2024	Tue	Practice (VFH Practice)	N/A	7:00 PM		Diss Athletic Field		
Sep 4, 2024	Wed	Regular Season	@ Sauquoit Valley	6:00 PM		Stadium Field	Departure Date: Sep 4, 2024	L
Sep 5, 2024	Thu	Practice (VFH Practice)	N/A	5:00 PM	7:00 PM	Diss Athletic Field		
Sep 6, 2024	Fri	Practice (VFH Practice)	N/A	4:30 PM	6:00 PM	Diss Athletic Field		
Sep 7, 2024	Sat	Regular Season	Mount Markham (Mt. Markham / Coop)	12:00 PM		Diss Athletic Complex		L
Sep 10, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Diss Athletic Field		
Sep 11, 2024	Wed	Regular Season	@ Rome Free Academy	4:30 PM		Stadium Turf Field	Departure Date: Sep 11, 2024 Departure Time: 3:15 PM	L
Sep 12, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Diss Athletic Field		
Sep 13, 2024	Fri	Practice	N/A	6:00 PM	7:30 PM	Diss Athletic Field		
Sep 16, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Diss Athletic Field		
Sep 17, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Diss Athletic Complex		
Sep 18, 2024	Wed	Regular Season	@ Oneida	4:30 PM		HS Field Hockey Field	Departure Point: Weber Ave Departure Date: Sep 18, 2024 Departure Time: 3:15 PM	L
Sep 19, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Diss Athletic Complex		
Sep 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 23, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Diss Athletic Complex		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2024	Tue	Regular Season	@ Camden	6:30 PM		Camden High School Stadium	Departure Point: Weber Ave Departure Date: Sep 24, 2024 Departure Time: 3:30 PM	NL
Sep 25, 2024	Wed	Regular Season	Vernon-Verona-Sherrill	7:00 PM		Diss Athletic Complex		L
Sep 26, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Diss Athletic Complex		
Sep 27, 2024	Fri	Regular Season	@ New York Mills	4:30 PM		Field Hockey Field	Departure Point: Weber Ave Departure Date: Sep 27, 2024 Departure Time: 3:30 PM	L
Sep 30, 2024	Mon	Regular Season 0-2 L	Whitesboro	7:00 PM		Diss Athletic Complex		L
Oct 1, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Diss Athletic Complex		
Oct 2, 2024	Wed	Regular Season	@ Holland Patent	6:30 PM	8:30 PM	Accelerate Sports Complex	Departure Point: Weber Ave Departure Date: Oct 2, 2024 Departure Time: 3:15 PM	L
Oct 3, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Diss Athletic Complex		
Oct 4, 2024	Fri	Regular Season	New Hartford	7:00 PM		Diss Athletic Complex		L
Oct 5, 2024	Sat	Regular Season	Little Falls	9:00 AM		Diss Athletic Complex		NL
Oct 7, 2024	Mon	Regular Season	Oneida	7:00 PM		Diss Athletic Complex		L
Oct 8, 2024	Tue	Practice	N/A	7:30 PM	9:00 PM	Diss Athletic Complex		
Oct 9, 2024	Wed	Regular Season	Camden	7:00 PM	10:00 PM	Diss Athletic Complex		L
Oct 10, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Diss Athletic Complex		
Oct 11, 2024	Fri	Regular Season	@ Vernon-Verona-Sherrill	6:00 PM		Turf Field Stadium	Departure Point: Weber Ave Departure Date: Oct 11, 2024 Departure Time: 3:15 PM	L
Oct 12, 2024	Sat	Regular Season	@ Cazenovia	10:00 AM		Cazenovia High School Stadium & Track	Departure Point: Weber Ave. Departure Date: Oct 12, 2024 Departure Time: 8:15 AM	NL
CANCELLED Oct 14, 2024	Mon	Practice	N/A	11:00 AM	1:00 PM	Diss Athletic Complex		
Oct 15, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Diss Athletic Complex		
Oct 16, 2024	Wed	Regular Season	Holland Patent	7:00 PM	9:00 PM	Diss Athletic Complex		L
Oct 18, 2024	Fri	Practice	N/A	6:00 PM	7:30 PM	Diss Athletic Complex		
Oct 22, 2024	Tue	Post-Season	@ Vernon-Verona-Sherrill	4:00 PM		Turf Field Stadium		NL

Date: 2025-12-06