



Central Valley Academy

(B) 7/8TH Cross Country

Coaches:

- Richard Schoff

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2025	Tue	Practice	N/A	6:30 PM	7:30 PM	Diss Athletic Complex Baseball		
Aug 27, 2025	Wed	Practice	N/A	6:30 PM	7:30 PM	Diss Athletic Complex Baseball		
Aug 28, 2025	Thu	Practice	N/A	6:30 PM	7:30 PM	Diss Athletic Complex Baseball		
Sep 2, 2025	Tue	Practice	N/A	6:30 PM	7:30 PM	Diss Athletic Complex Baseball		
Sep 3, 2025	Wed	Practice	N/A	6:30 PM	7:30 PM	Diss Athletic Complex Baseball		
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 10, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 12, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	Clinton, Oneonta, Utica Proctor (JFK/DMS), Camden, Adirondack, DeRuyter, TBD, Herkimer, Notre Dame, Utica, Oneida, Poland, Sauquoit Valley, Vernon-Verona-Sherrill, Westmoreland, Whitesboro, Rome Free Academy @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Sep 16, 2025	Tue	Regular Season	Oneida, New Hartford	4:00 PM		Diss Athletic Complex		L
Sep 17, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2025	Mon	Practice	N/A	3:30 PM	5:15 PM	Central Valley Academy		
Sep 23, 2025	Tue	Regular Season	Holland Patent @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	Departure Point: Jarvis Loop Departure Date: Sep 23, 2025 Departure Time: 3:00 PM	L
Sep 24, 2025	Wed	Practice	N/A	3:30 PM	5:15 PM	Central Valley Academy		
Sep 25, 2025	Thu	Practice	N/A	3:30 PM	5:15 PM	Central Valley Academy		
Sep 26, 2025	Fri	Practice	N/A	3:30 PM	5:15 PM	Central Valley Academy		
Sep 30, 2025	Tue	Regular Season	Utica Proctor (JFK/DMS) @ Rome Free Academy	4:00 PM		RFA Cross Country Course	Departure Point: Jarvis Loop Departure Date: Sep 30, 2025 Departure Time: 3:00 PM	L
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	9:45 AM		Deerfield Town Wilderness Park		NL
Oct 7, 2025	Tue	Regular Season	Vernon-Verona-Sherrill, Camden @ Notre Dame, Utica	4:00 PM		Proctor Park, Utica	Departure Point: Jarvis Loop Departure Date: Oct 7, 2025 Departure Time: 3:00 PM	L
Oct 18, 2025	Sat	Regular Season (Fort Plain Invitational Varsity Girls & Boys and Modified Girls & Boys)	@ Fort Plain	8:00 AM		Fort Plain HS	Departure Point: Weber Ave. Departure Date: Oct 18, 2025 Departure Time: 7:15 AM	L
Oct 20, 2025	Mon	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 21, 2025	Tue	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 22, 2025	Wed	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 23, 2025	Thu	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 24, 2025	Fri	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 25, 2025	Sat	Regular Season (TVL XC Invite)	Holland Patent, Camden, Vernon-Verona-Sherrill, Whitesboro, New Hartford, Utica Proctor (JFK/DMS), Oneida, Rome Free Academy	11:10 AM		Diss Athletic Complex		L

Date: 2025-12-05