



# Central Valley Academy

## (B) 7/8TH Cross Country

### Coaches:

- Richard Schoff

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2019	Sat	Regular Season (Invitational)	Liverpool, Camden, Fabius-Pompey, Altmar-Parish-Williamstown (APW Rebels), Jamesville-Dewitt @ East Syracuse Minoa	9:00 AM		ESM Kirkville Rd. Field		L
Sep 17, 2019	Tue	Regular Season	New Hartford @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 2:45 PM	L
Sep 24, 2019	Tue	Regular Season	Oneida @ Rome Free Academy	4:00 PM		TBD	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 2:45 PM	L
Sep 28, 2019	Sat	Regular Season (Invitational)	Utica Proctor (JFK/DMS)	10:00 PM		Proctor Park	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 9:00 AM	NL
Oct 1, 2019	Tue	Regular Season 18-15-43 L	Utica Proctor (JFK/DMS), Camden	4:00 PM		Diss Athletic Complex		L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Oneida, Altmar-Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Utica Proctor (JFK/DMS), Cooperstown (Modified), New Hartford, Westmoreland, Holland Patent, Vernon-Verona-Sherrill, Notre Dame, Utica @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 7:45 AM	NL
Oct 8, 2019	Tue	Regular Season	@ Vernon-Verona-Sherrill	4:00 PM		Cross Country Course	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 2:45 PM	L
Oct 22, 2019	Tue	Regular Season (TVL Championship) 224-272-98-169-219-96-36-89-56 L	Camden, New Hartford, Notre Dame, Utica, Oneida, Utica Proctor (JFK/DMS), Vernon-Verona-Sherrill, Rome Free Academy @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 2:45 PM	L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS	<b>Departure Point:</b> Weber Ave <b>Departure Time:</b> 6:30 AM	NL

Date: 2025-12-07