



Central Valley Academy

(G) 7/8TH Cross Country

Coaches:

- Mary Thorp

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2025	Tue	Practice (7th/8th B&G Cross Country)	N/A	6:30 PM	7:30 PM	Diss Athletic Complex		
Aug 27, 2025	Wed	Practice (7th/8th B&G Cross Country)	N/A	6:30 PM	7:30 PM	Diss Athletic Complex		
Aug 28, 2025	Thu	Practice ((G) 7th/8th Cross Country)	N/A	10:00 AM	11:30 AM	Diss Athletic Complex		
Sep 3, 2025	Wed	Practice ((G) 7th/8th Cross Country)	N/A	6:30 PM	7:30 PM	Diss Athletic Track		
Sep 4, 2025	Thu	Practice ((G) 7th/8th Cross Country)	N/A	3:30 PM	5:00 PM	Diss Athletic Complex		
Sep 5, 2025	Fri	Practice ((G) 7th/8th Cross Country)	N/A	3:30 PM	5:00 PM	Diss Athletic Complex		
Sep 8, 2025	Mon	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
CANCELLED Sep 9, 2025	Tue	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 10, 2025	Wed	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 11, 2025	Thu	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	4:30 PM	Diss Athletic Complex		
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	Clinton, Utica Proctor (JFK/DMS), Vernon-Verona-Sherrill, Camden, TBD, Adirondack, DeRuyter, Herkimer, Notre Dame, Utica, Oneonta, Poland, Sauquoit Valley, Westmoreland, Whitesboro, Rome Free Academy @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 15, 2025	Mon	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Sep 16, 2025	Tue	Regular Season	Oneida, New Hartford	4:00 PM		Diss Athletic Complex	Departure Point: Weber Ave	L
Sep 17, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Sep 18, 2025	Thu	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Sep 19, 2025	Fri	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		

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Sep 23, 2025	Tue	Regular Season	Holland Patent @ Whitesboro	4:00 PM	6:30 PM	Deerfield Town Wilderness Park	Departure Point: Jarvis Loop Departure Date: Sep 23, 2025 Departure Time: 3:00 PM	L
Sep 24, 2025	Wed	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 25, 2025	Thu	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 26, 2025	Fri	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 29, 2025	Mon	Practice ((G) 7th/8th Cross Country)	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Sep 30, 2025	Tue	Regular Season	Utica Proctor (JFK/DMS) @ Rome Free Academy	4:00 PM		RFA Cross Country Course	Departure Point: Jarvis Loop Departure Date: Sep 30, 2025 Departure Time: 3:00 PM	L
Oct 1, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	10:05 AM		Deerfield Town Wilderness Park		NL
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Oct 7, 2025	Tue	Regular Season	Vernon-Verona-Sherrill, Camden @ Notre Dame, Utica	4:00 PM		Proctor Park, Utica	Departure Point: Jarvis Loop Departure Date: Oct 7, 2025 Departure Time: 3:00 PM	L
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Oct 10, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Diss Athletic Complex		
Oct 14, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 15, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 20, 2025	Mon	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 21, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 21, 2025	Tue	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 22, 2025	Wed	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 23, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Central Valley Academy		
Oct 23, 2025	Thu	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 24, 2025	Fri	Practice	N/A	3:15 PM	5:15 PM	Central Valley Academy		
Oct 25, 2025	Sat	Regular Season (TVL Track Invite)	Holland Patent, Camden, Vernon-Verona-Sherrill, Whitesboro, New Hartford, Utica Proctor (JFK/DMS), Oneida, Rome Free Academy	10:40 AM		Diss Athletic Complex		L

Date: 2025-12-05