



Central Valley Academy

(G) 7/8TH Cross Country

Coaches:

- Mary Thorp

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------|-------------------------------------|---------------------|
| Sep 16, 2023 | Sat | Regular Season (18th Annual VVS Cross Country Invitational) | @ Vernon-Verona-Sherrill | 9:00 AM | 3:30 PM | Cross Country Course | Departure Point: Weber Ave | L |
| Sep 19, 2023 | Tue | Regular Season | Camden @ Whitesboro | 4:00 PM | | Deerfield Town Wilderness Park | Departure Point: Jarvis Loop | L |
| Sep 26, 2023 | Tue | Regular Season | Notre Dame, Utica, Holland Patent @ Utica Proctor (JFK/DMS) | 4:00 PM | | Proctor Park | | L |
| Oct 3, 2023 | Tue | Regular Season | New Hartford @ Rome Free Academy | 4:15 PM | | Rome Free Academy HS | | L |
| Oct 10, 2023 | Tue | Regular Season | Oneida @ Vernon-Verona-Sherrill | 4:00 PM | | Cross Country Course | Departure Point: Jarvis Loop | L |
| Oct 21, 2023 | Sat | Regular Season (TVL League Championship) | Whitesboro, Notre Dame, Utica, Camden, New Hartford, Oneida, Rome Free Academy, Vernon-Verona-Sherrill, Utica Proctor (JFK/DMS) @ Holland Patent | 10:00 AM | | HS Stadium / Track | Departure Point: Jarvis Loop | L |

Date: 2025-12-05