



# Central Valley Academy

## (G) 7/8TH Cross Country

### Coaches:

- Richard Schoff

| DATE         | WEEK DAY | TYPE  | OPPONENTS  | START TIME | END TIME | LOCATION                       | TRANSPORTATION                      | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------|-------------------------------------|---------------------|
| Sep 16, 2023 | Sat      | Regular Season (18th Annual VVS Cross Country Invitational) | @ Vernon-Verona-Sherrill   | 9:00 AM    | 3:30 PM  | Cross Country Course           | <b>Departure Point:</b> Weber Ave   | L                   |
| Sep 19, 2023 | Tue      | Regular Season  | Camden @ Whitesboro  | 4:00 PM    |          | Deerfield Town Wilderness Park | <b>Departure Point:</b> Jarvis Loop | L                   |
| Sep 26, 2023 | Tue      | Regular Season  | Notre Dame, Utica, Holland Patent @ Utica Proctor (JFK/DMS)  | 4:00 PM    |          | Proctor Park                   |                                     | L                   |
| Oct 3, 2023  | Tue      | Regular Season  | New Hartford @ Rome Free Academy   | 4:15 PM    |          | Rome Free Academy HS           |                                     | L                   |
| Oct 10, 2023 | Tue      | Regular Season  | Oneida @ Vernon-Verona-Sherrill  | 4:00 PM    |          | Cross Country Course           | <b>Departure Point:</b> Jarvis Loop | L                   |
| Oct 21, 2023 | Sat      | Regular Season (TVL League Championship)                    | Whitesboro, Notre Dame, Utica, Camden, New Hartford, Oneida, Rome Free Academy, Vernon-Verona-Sherrill, Utica Proctor (JFK/DMS) @ Holland Patent | 10:00 AM   |          | HS Stadium / Track             | <b>Departure Point:</b> Jarvis Loop | L                   |

Date: 2024-04-20