



Central Valley Academy

(G) V Cross Country

Coaches:

- Michael Farber

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season	@ TBD	9:00 AM		TBD	Departure Point: Weber Ave Departure Time: 7:00 AM	L
Sep 17, 2022	Sat	Regular Season (New Hartford invitational)	Whitesboro, Adirondack, Oneonta, Canastota, Utica Proctor, TBD @ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Departure Point: Weber Ave Departure Time: 7:30 AM	NL
Sep 20, 2022	Tue	Regular Season	Rome Free Academy @ Oneida	4:00 PM		Cross Country Course	Departure Point: Weber Ave Departure Time: 3:00 PM	L
Sep 24, 2022	Sat	Regular Season	@ Utica Proctor	9:00 AM		Proctor Park	Departure Point: Weber Ave Departure Time: 7:00 AM	L
Sep 27, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Notre Dame, Utica, Vernon-Verona-Sherrill, Holland Patent	4:00 PM		Diss Athletic Complex		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country invitational)	Oneonta, Watertown, Notre Dame, Utica, Corcoran (Syracuse West), Westmoreland, New York Mills, New Hartford, Adirondack, Hamilton, Cooperstown, Oriskany, West Canada Valley, Fulton, Utica Proctor, Oneida, Herkimer, Holland Patent, Clinton @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park		NL
Oct 4, 2022	Tue	Regular Season	Utica Proctor @ Camden	4:00 PM		Osceola Ski and Sport Resort	Departure Point: Weber Ave Departure Time: 2:45 PM	L
Oct 11, 2022	Tue	Regular Season	Whitesboro, New Hartford	4:00 PM		Diss Athletic Complex		L
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Rome Free Academy, Vernon-Verona-Sherrill @ New Hartford	10:00 AM		Cross Country Course (Perry JH)	Departure Point: Weber Ave Departure Time: 7:30 AM	L
Oct 29, 2022	Sat	Regular Season	@ Adirondack	9:00 AM	3:30 PM	Adirondack HS	Departure Point: Weber Ave Departure Time: 7:00 AM	L

Date: 2025-12-06