



Central Valley Academy

(G) V Cheerleading (Fall)

Coaches:

- Shannon Darrow
- Ianna Eddy

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice (Try-out Day 1)	N/A	2:30 PM	4:00 PM	CVA Main Gym		
Aug 19, 2025	Tue	Practice (Try-out Day 2)	N/A	2:30 PM	4:00 PM	CVA Main Gym		
Aug 20, 2025	Wed	Practice (Try-out Day 3)	N/A	2:30 PM	4:00 PM	CVA Main Gym		
Aug 21, 2025	Thu	Practice	N/A	2:30 PM	4:30 PM	CVA Main Gym		
Aug 22, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	CVA Main Gym		
Aug 25, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 26, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 27, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 28, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 29, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 10, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 16, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 17, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 19, 2025	Fri	Regular Season	New Hartford (Fall)	6:30 PM		Diss Athletic Field	Departure Point: Weber Ave	L
Sep 22, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 23, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 24, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 25, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2025	Fri	Regular Season (Homecoming)	@ New Hartford (Fall)	6:00 PM		New Hartford HS Turf Field	Departure Point: Weber Ave Departure Date: Sep 26, 2025 Departure Time: 4:45 PM	NL
Sep 29, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 30, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 1, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 7, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 8, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 10, 2025	Fri	Regular Season	Camden (Fall)	6:30 PM		TBD		L
Oct 14, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 15, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 17, 2025	Fri	Regular Season	@ Chittenango (Fall)	6:30 PM		Chittenango HS- Large Gym, Chittenango HS- Small Gym	Departure Point: Weber Ave Departure Date: Oct 17, 2025 Departure Time: 4:45 PM	L
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 21, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 22, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 23, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 24, 2025	Fri	Regular Season	@ Institute of Technology, Syracuse (Cheer Fall)	6:00 PM		TBD	Departure Point: Weber Ave Departure Date: Oct 24, 2025 Departure Time: 4:15 PM	L
Oct 27, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 28, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 29, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
CANCELLED Oct 30, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 30, 2025	Thu	Post-Season (Sectional Game)	@ Indian River (Fall)	3:00 PM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	Departure Point: Weber Ave Departure Date: Oct 30, 2025 Departure Time: 3:30 PM	L
CANCELLED Nov 3, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
CANCELLED Nov 4, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
CANCELLED Nov 5, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
CANCELLED Nov 6, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Jan 13, 2026	Tue	Regular Season	@ New Hartford (Winter)	7:00 PM		New Hartford HS Gym		L

Date: 2025-12-05